

Frostbite Friendly League 2025-26
Seniors

Row Labels	1		2		3		4		5		6		Total Num_Races
	RacePos	RaceTime											
F													
Alison Beardon	244	0:44:00											1
Amy Holland							123	0:38:00	117	0:39:22	111	0:40:11	3
Caroline Brown					203	0:39:24	189	0:40:53	157	0:41:40	202	0:45:50	4
Clare Noble							192	0:40:56					1
Daisy Copping			394	0:45:02									1
Debbie Abraham	301	0:47:04											1
Fiona Waddelow					363	0:49:25							1
Gwen Graves	348	0:50:05	415	0:46:30			289	0:46:45	251	0:49:46			4
Janet Noland									118	0:39:25			1
Julie Smith											310	1:04:02	1
Kath Gerighty					364	0:49:26							1
Laura Senior			354	0:43:28	261	0:42:24	241	0:44:06	202	0:45:12	208	0:46:18	5
Laura Todd	180	0:40:53	245	0:39:06	169	0:38:03	119	0:37:46	138	0:40:32	97	0:39:27	6
Laura Upstone					185	0:38:37							1
Lisa Redman							279	0:46:12					1
Lizz McKiernan					416	1:07:06							1
Michelle Berry	322	0:48:12	373	0:44:14	302	0:44:09	284	0:46:36	235	0:47:56	229	0:48:37	6
Ruby Rae-Smith	225	0:43:17											1
Sophie Gale					278	0:43:08							1
Sue Bridges					415	1:07:05							1
Tracy Wymmer					291	0:43:32			219	0:46:31	196	0:45:28	3
M													
Aaron Robbins					29	0:29:59							1
Alan Rutterford	299	0:46:44									311	1:04:02	2
Allistair Berry	183	0:40:59	197	0:37:05			157	0:38:57	123	0:39:38	113	0:40:14	5
Andrew Bank	218	0:42:43	258	0:39:41	223	0:40:26							3
Andrew Rands							239	0:44:04	195	0:44:43			2
Andrew Scarlett			259	0:39:43	224	0:40:41	220	0:42:54	181	0:43:38	154	0:42:46	5
Andrew Thompson					244	0:41:32	233	0:43:42	197	0:44:54	210	0:46:47	4
Andrew White	247	0:44:12	291	0:40:58	227	0:40:53			192	0:44:27	181	0:44:44	5
Barry Graves	276	0:45:33	323	0:42:12	264	0:42:29	211	0:42:23	167	0:42:29	178	0:44:27	6
Barry Woodward	26	0:32:31			40	0:30:42	24	0:31:33	25	0:31:57			4
Ben Hallam											83	0:38:29	1
Ben Morris					72	0:32:47							1
Charles Howard	370	0:51:47	376	0:44:21	263	0:42:25	240	0:44:06	205	0:45:19	158	0:43:01	6
Craig Holgate					27	0:29:56							1
Daniel Weston							108	0:37:29					1
David Mould	196	0:41:35			219	0:40:06	181	0:40:26			141	0:42:13	4
Ed Ramsden	260	0:44:42			226	0:40:50	222	0:42:58	180	0:43:34	188	0:44:57	5
Estivy Diaz Perez	226	0:43:17	219	0:37:56	154	0:37:01	144	0:38:36	126	0:39:59	124	0:41:03	6
George Smith	281	0:45:37	389	0:44:47									2
Graham Chapman					112	0:34:47	86	0:36:16					2
Hamish Ross					351	0:48:29							1
Harrison Kemp			145	0:35:21									1
Harvey Dunn					336	0:46:46							1
Iain Smith					172	0:38:09	165	0:39:48					2
Jamie Carter					90	0:33:40	54	0:34:10					2
Jason Clarke	189	0:41:06	234	0:38:37	188	0:38:46	182	0:40:28	150	0:41:16	133	0:41:45	6
Jens Loesel					132	0:35:54	161	0:39:36					2
Josh Leaford					301	0:44:06							1
Julian Moynihan	1	0:28:13			1	0:26:42	1	0:27:43	1	0:27:29	2	0:28:44	5
Justin Smith			311	0:41:51									1
Kevin Stigwood			380	0:44:29	299	0:43:58	274	0:45:49	225	0:47:00			4
Lee Tatum					51	0:31:03							1
Lewis Chamberlain	167	0:40:26			236	0:41:11							2
Lionel Smith					265	0:42:30	280	0:46:16					2
Mark Leaford					211	0:39:37							1
Niall O'Brian					58	0:31:28							1
Nib Bowkis					215	0:39:54							1
Oscar Robbins					147	0:36:27							1
Paul Brear Clarkson					22	0:29:21	15	0:30:40	15	0:30:32			3
Paul Froud			335	0:42:40	247	0:41:50			186	0:44:00	171	0:44:00	4
Peter Royle			117	0:34:18	119	0:35:13	83	0:36:12	86	0:37:26			4
Phil Blundell	285	0:45:43							148	0:41:09			2
Robert Haggart					191	0:38:58	173	0:40:02					2
Robert Pope					118	0:35:10							1
Robin Webb	39	0:33:20	52	0:31:20							37	0:34:08	3
Rory Dillon					128	0:35:38	75	0:35:57	87	0:37:28	93	0:39:21	4
Ryan Parker			169	0:36:08									1
Sam Russell							140	0:38:29	106	0:38:38			2
Simon Grimshaw											94	0:39:22	1
Theo Boyce	34	0:33:12	35	0:30:34	31	0:30:06			21	0:31:20	18	0:32:24	5
Thomas Ramsden	199	0:41:40							177	0:43:18	164	0:43:36	3
Tom Copping	142	0:39:27	177	0:36:25	139	0:36:15	112	0:37:36					4
Tom Levinson			69	0:32:00			39	0:32:33	29	0:32:21	27	0:33:12	4
Tony Kirby-Cook					177	0:38:13							1
Warren Craig					286	0:43:21							1