

61	61					STAGE 1		Average = 08:04.7	Miles= 5.00		
Team	hmmss	Dup	>	Team Time	Stage Time	Runner's Name	Team Name	Tm Pos	Stg Pos	Tm +/- Pos	min/mile
54	3014	OK		0:30:14	0:30:14	Paul Massingham	Stamford Striders Men 1	1	1		06:02.8
65	3035	OK	OK	0:30:35	0:30:35	Kevin Peirce	Ipswich Harriers A	2	2		06:07.0
22	3044	OK	OK	0:30:44	0:30:44	Stephen Livermore	Cambridge Triathlon Team Mutley	3	3		06:08.8
11	3048	OK	OK	0:30:48	0:30:48	Michael Collins	C&C Fast Men	4	4		06:09.6
44	3128	OK	OK	0:31:28	0:31:28	Tim Fox	St Edmunds Pacers A	5	5		06:17.6
64	3206	OK	OK	0:32:06	0:32:06	Gavin Long	Saffron Striders	6	6		06:25.2
57	3234	OK	OK	0:32:34	0:32:34	Teal Riley	Muddy Mucky Monkeys	7	7		06:30.8
12	3355	OK	OK	0:33:55	0:33:55	Leon Stone	C & C Old Codgers	8	8		06:47.0
20	3416	OK	OK	0:34:16	0:34:16	Steve Thoday	C&C Mixers	9	9		06:51.2
33	3420	OK	OK	0:34:20	0:34:20	Tom Jefferson	Newmarket Flyers Men	10	10		06:52.0
68	3422	OK	OK	0:34:22	0:34:22	Steve Pledger	Riverside Vets	11	11		06:52.4
10	3425	OK	OK	0:34:25	0:34:25	Ema Kreetzer	C&C Fast Girls	12	12		06:53.0
27	3432	OK	OK	0:34:32	0:34:32	Daniel Regan	Sriram'S Snails	13	13		06:54.4
63	3438	OK	OK	0:34:38	0:34:38	Haydn Bailey	Ramsey Road Runners	14	14		06:55.6
28	3501	OK	OK	0:35:01	0:35:01	Duncan Blake	St James Hemingford Grey	15	15		07:00.2
56	3539	OK	OK	0:35:39	0:35:39	Paul Hannah	Stamford Striders 3	16	16		07:07.8
23	3559	OK	OK	0:35:59	0:35:59	Alan Slade	Cambridge Triathlon Team Turbo Terrif	17	17		07:11.8
25	3629	OK	OK	0:36:29	0:36:29	Lars Hyllested	Bishops Stortford Men	18	18		07:17.8
26	3642	OK	OK	0:36:42	0:36:42	Alastair Haines	Arts On Foot	19	19		07:20.4
15	3643	OK	OK	0:36:43	0:36:43	Debra Wait	March A	20	20		07:20.6
5	3644	OK	OK	0:36:44	0:36:44	Martin Griffiths	Footprints	21	21		07:20.8
19	3651	OK	OK	0:36:51	0:36:51	Sam Bailey	City Of Cambridge Rowing Club	22	22		07:22.2
6	3707	OK	OK	0:37:07	0:37:07	James Seekings	Mucky Duckers	23	23		07:25.4
46	3710	OK	OK	0:37:10	0:37:10	Trish Dennison	St Edmunds Pacers C	24	24		07:26.0
53	3741	OK	OK	0:37:41	0:37:41	Eddie Barrett	Fetcheveryone B	25	25		07:32.2
21	3804	OK	OK	0:38:04	0:38:04	Phil Collins	Cambridge Triathlon Ant Hill Mob	26	26		07:36.8
40	3824	OK	OK	0:38:24	0:38:24	Shelley Lopez	Sweatshop Cambridge Running Group	27	27		07:40.8
30	3825	OK	OK	0:38:25	0:38:25	Theodor Breet	Epic	28	28		07:41.0
16	3854	OK	OK	0:38:54	0:38:54	Twanette Lourens	March B	29	29		07:46.8
38	3858	OK	OK	0:38:58	0:38:58	Dean Racey	Fenland 4	30	30		07:47.6
45	3859	OK	OK	0:38:59	0:38:59	Eloise Calver	St Edmunds Pacers B	31	31		07:47.8
37	3907	OK	OK	0:39:07	0:39:07	Clive Harrod	Fenland 3	32	32		07:49.4
35	3932	OK	OK	0:39:32	0:39:32	Paul Wiegand	Fenland 1	33	33		07:54.4
58	4045	OK	OK	0:40:45	0:40:45	Claire Piercy	Eric And The Argonauts	34	34		08:09.0
55	4111	OK	OK	0:41:11	0:41:11	Sheona Revill	Stamford Striders Ladies	35	35		08:14.2
36	4133	OK	OK	0:41:33	0:41:33	Maire Irlam	Fenland 2	36	36		08:18.6

24	4205	OK	OK	0:42:05	0:42:05	Malcolm Hooker	Bishops Stortford Vets	37	37		08:25.0
1	4223	OK	OK	0:42:23	0:42:23	Paul Ireland	Fenland Flatfooters	38	38		08:28.6
62	4227	OK	OK	0:42:27	0:42:27	Trudi Morrish	The Haverhill Hens	39	39		08:29.4
52	4248	OK	OK	0:42:48	0:42:48	Michael Buttler	Alexander Chasers	40	40		08:33.6
14	4311	OK	OK	0:43:11	0:43:11	Jason Wallis	Deloitte A	41	41		08:38.2
51	4312	OK	OK	0:43:12	0:43:12	Martin Hyland	Cms Running	42	42		08:38.4
13	4312	OK	OK	0:43:12	0:43:12	Ian Cray	Morley Marauders	43	43		08:38.4
66	4322	OK	OK	0:43:22	0:43:22	Leanne Thorndyke	Ipswich Harriers B	44	44		08:40.4
50	4332	OK	OK	0:43:32	0:43:32	Chris Daniells	Marshall Milton Keynes Ac Vets	45	45		08:42.4
32	4348	OK	OK	0:43:48	0:43:48	Tracey Smith	Newmarket Flyers	46	46		08:45.6
29	4413	OK	OK	0:44:13	0:44:13	Jane Manley	Friends United	47	47		08:50.6
4	4432	OK	OK	0:44:32	0:44:32	Nick Gay	Christ'S College Beagles	48	48		08:54.4
31	4515	OK	OK	0:45:15	0:45:15	Suzie Seare	Alvington House Dental Practice	49	49		09:03.0
2	4635	OK	OK	0:46:35	0:46:35	Adeniji Olatunji	Optilan All-Star Runners	50	50		09:19.0
59	4713	OK	OK	0:47:13	0:47:13	Brian Judkins	Fetcheveryone A	51	51		09:26.6
67	4716	OK	OK	0:47:16	0:47:16	Lara Emmerson	Real Amgen	52	52		09:27.2
49	4718	OK	OK	0:47:18	0:47:18	Simon Collins	Athletico Amgen	53	53		09:27.6
60	4721	OK	OK	0:47:21	0:47:21	Penny Nam	Redr Runners	54	54		09:28.2
9	4732	OK	OK	0:47:32	0:47:32	Michelle Ritchie	Soggy Campers	55	55		09:30.4
43	4737	OK	OK	0:47:37	0:47:37	Rob Warne	Morgan Ashurst (The Ugly)	56	56		09:31.4
48	4849	OK	OK	0:48:49	0:48:49	Martin Pearson	Deloitte B	57	57		09:45.8
17	4906	OK	OK	0:49:06	0:49:06	Gena Jackman	March C	58	58		09:49.2
41	5106	OK	OK	0:51:06	0:51:06	Rachel Norman	Morgan Ashurst (The Good)	59	59		10:13.2
42	10138	OK	OK	1:01:38	1:01:38	Sean Hays	Morgan Ashurst (The Bad)	60	60		12:19.6
39	10331	OK	OK	1:03:31	1:03:31	Laura Harvey	Thunderpants	61	61		12:42.2