

Grunty Fen Half Marathon
Overall Finish List
September 09, 2012
Results By Mucky Races

Pos	Name	Team	No	AG Place	Chip	Gun	Pace
1	Aaron Scott	Notts AC	739 M	1 M 0-39	1:10:54.0	1:10:54.0	5:27/M
2	Jonathan Stead	Herne Hill Harriers	741 M	2 M 0-39	1:12:38.6	1:12:38.6	5:35/M
3	Adrian Mussett	Colchester Harriers	748 M	1 M 40-44	1:12:53.1	1:12:53.1	5:36/M
4	Paul Halford	Werrington Joggers	548 M	3 M 0-39	1:14:56.2	1:14:56.2	5:46/M
5	Joseph Christopher		757 M	4 M 0-39	1:15:14.5	1:15:14.5	5:47/M
6	Joshua Lunn	Nene Valley Harriers	776 M	5 M 0-39	1:15:28.3	1:15:28.3	5:48/M
7	Chris Sellens	Colchester Harriers	443 M	6 M 0-39	1:15:47.7	1:15:47.7	5:50/M
8	Wayne Bell	Newham & Essex Beagles	670 M	7 M 0-39	1:17:20.3	1:17:20.3	5:57/M
9	David Connell	Hunts AC	99 M	8 M 0-39	1:18:30.0	1:18:30.0	6:02/M
10	Justin Mitchell	St Radegund RDC-na	132 M	9 M 0-39	1:18:58.3	1:18:58.3	6:04/M
11	Daisy Glover	Ely Runners	751 F	1 F 0-34	1:20:21.0	1:20:21.4	6:11/M
12	Charles Wartnaby	C&C	787 M	2 M 40-44	1:20:47.5	1:20:47.6	6:13/M
13	Felicity Milton	WGEL	744 F	2 F 0-34	1:21:00.1	1:21:00.2	6:14/M
14	Colin Ridley	Colchester Harriers	589 M	1 M 50-54	1:21:15.8	1:21:16.4	6:15/M
15	Mazeyar Firouzi	St Radegund RDC-na	11 M	10 M 0-39	1:21:26.0	1:21:26.6	6:16/M
16	Jim Morris	Stamford Striders	721 M	1 M 45-49	1:21:32.3	1:21:32.6	6:16/M
17	Tom Drake	Wigston Phoenix RC	233 M	11 M 0-39	1:22:17.6	1:22:18.7	6:20/M
18	Andy Peet	Wigston Phoenix RC	718 M	3 M 40-44	1:22:29.0	1:22:30.6	6:21/M
19	Thomas Stecher	CUH&H	726 M	12 M 0-39	1:22:50.7	1:22:51.5	6:22/M
20	Grant Harradence		367 M	13 M 0-39	1:23:33.3	1:23:34.7	6:26/M
21	Michael Moore	Nene Valley Harriers	666 M	4 M 40-44	1:23:53.2	1:23:53.2	6:27/M
22	Alan Darby		791 M	14 M 0-39	1:24:18.3	1:24:23.0	6:29/M
23	Fabien Guerret	St Radegund RDC-na	622 M	15 M 0-39	1:24:25.2	1:24:26.7	6:30/M
24	Paul Makowski	Royston Runners	795 M	16 M 0-39	1:24:29.4	1:24:31.9	6:30/M
25	Sean Beard	Nene Valley Harriers	758 M	2 M 45-49	1:25:33.6	1:25:34.2	6:35/M
26	Philippa Taylor	Nene Valley Harriers	679 F	1 F 45-49	1:25:33.6	1:25:34.2	6:35/M
27	Rajdave Singh	Herne Hill Harriers	764 M	17 M 0-39	1:25:52.8	1:25:53.9	6:36/M
28	Simon Margot	Hunts AC	612 M	18 M 0-39	1:25:55.1	1:25:55.5	6:37/M
29	Peter Holmes	Serpentine	336 M	19 M 0-39	1:26:38.7	1:26:43.2	6:40/M
30	Martin Lawrence	Haverhill RC	763 M	3 M 45-49	1:26:55.0	1:26:59.7	6:41/M
31	Olly Slater	Nene Valley Harriers	743 M	20 M 0-39	1:27:02.4	1:27:03.1	6:42/M
32	Martha Hall	Garden City Runners	760 F	1 F 35-39	1:27:39.7	1:27:41.3	6:45/M
33	Paul Owen	Ampthill And Flitwick Flyers	797 M	4 M 45-49	1:27:41.3	1:27:43.5	6:45/M
34	Denys Olefir	Newmarket Joggers	74 M	21 M 0-39	1:27:50.1	1:27:50.9	6:45/M
35	Chris Seymour	Stowmarket Striders	411 M	5 M 40-44	1:27:50.6	1:27:55.2	6:46/M
36	Daniel Avondoglio	BRJ	641 M	22 M 0-39	1:27:59.7	1:28:01.6	6:46/M
37	Jerry Pullinger	Bedford Harriers	149 M	2 M 50-54	1:29:08.5	1:29:10.3	6:52/M
38	George Arbuckle	Ampthill And Flitwick Flyers	600 M	23 M 0-39	1:29:10.7	1:29:17.7	6:52/M
39	Jonathon Lines		732 M	24 M 0-39	1:29:19.6	1:29:22.6	6:52/M
40	Clare Thompson	Sheffield Running Club	609 F	2 F 35-39	1:29:22.6	1:29:24.0	6:53/M
41	Ewa Plesowicz		281 F	3 F 0-34	1:29:26.6	1:29:33.4	6:53/M
42	Adrian Sherwood	North Herts RR	480 M	5 M 45-49	1:29:45.0	1:29:47.2	6:54/M
43	Peter Stevens	St Radegund RDC-na	138 M	25 M 0-39	1:29:59.4	1:30:06.5	6:56/M
44	Graham Chapman	Ely Runners	681 M	1 M 55-59	1:30:15.5	1:30:16.8	6:57/M
45	Tim Larke	Stowmarket Striders	375 M	26 M 0-39	1:30:24.5	1:30:27.9	6:57/M
46	Marie Shirley	Colchester Harriers	746 F	4 F 0-34	1:30:28.6	1:30:29.4	6:58/M
47	Andrew Raynor	Colchester Harriers	25 M	6 M 45-49	1:30:39.7	1:30:41.6	6:59/M
48	David Sharman	Bedford Harriers	249 M	27 M 0-39	1:30:42.3	1:30:44.6	6:59/M
49	Nick Kenyon-Muir	Ware Joggers	400 M	6 M 40-44	1:30:48.6	1:30:49.7	6:59/M
50	Gary Finch	Bedford Harriers	665 M	7 M 40-44	1:30:50.2	1:30:51.8	6:59/M

51	Vaughan Roberts	Bourne Town Harriers	404	M	3 M 50-54	1:30:49.5	1:30:56.6	7:00/M
52	Peter Kirwin	Eye Community Runners	546	M	8 M 40-44	1:30:57.4	1:30:58.8	7:00/M
53	Rodney Hall	Werrington Joggers	552	M	7 M 45-49	1:31:12.8	1:31:16.2	7:01/M
54	Andy Dixon	Runner's World	740	M	9 M 40-44	1:31:20.7	1:31:24.4	7:02/M
55	Matt Doyle		413	M	28 M 0-39	1:31:38.4	1:31:43.5	7:03/M
56	Tony Johnson	Ropsley Road Runners	584	M	8 M 45-49	1:31:42.3	1:31:44.5	7:03/M
57	Ker Macrosson	Stowmarket Striders	624	M	2 M 55-59	1:32:05.8	1:32:09.7	7:05/M
58	Graham Moore		709	M	4 M 50-54	1:32:16.7	1:32:20.3	7:06/M
59	Stewart Bond	C&C	676	M	29 M 0-39	1:32:25.8	1:32:29.1	7:07/M
60	Sarah Caskey	Yaxley Runners	626	F	5 F 0-34	1:32:51.1	1:32:54.6	7:09/M
61	Jon Anderson	C&C	608	M	9 M 45-49	1:32:57.9	1:33:05.4	7:10/M
62	Mike Daniels	Bushfield Joggers	494	M	30 M 0-39	1:33:06.5	1:33:16.4	7:10/M
63	Jack Lawlor-Anderson		45	M	31 M 0-39	1:33:19.6	1:33:24.9	7:11/M
64	James Down	David Lloyd Redway	454	M	32 M 0-39	1:33:43.0	1:33:44.7	7:13/M
65	Steve Tracey	North Herts RR	393	M	10 M 40-44	1:34:00.7	1:34:03.0	7:14/M
66	Martin Broadhurst		499	M	11 M 40-44	1:34:03.3	1:34:13.8	7:15/M
67	Sarah Wightman	C&C	371	F	3 F 35-39	1:34:21.2	1:34:27.7	7:16/M
68	Tony Cormano	Bedford Harriers	250	M	33 M 0-39	1:34:26.0	1:34:28.6	7:16/M
69	Hugh Burton	Yaxley Runners	570	M	12 M 40-44	1:34:29.3	1:34:33.0	7:16/M
70	Nigel Coates	Saffron Striders	80	M	5 M 50-54	1:34:28.0	1:34:33.7	7:16/M
71	Marianne Williamson	Bedford Harriers	141	F	1 F 40-44	1:34:33.8	1:34:36.6	7:17/M
72	Arthur Short	Grantham RC	728	M	10 M 45-49	1:33:36.4	1:34:45.0	7:17/M
73	David Wright	Colchester Harriers	755	M	6 M 50-54	1:34:52.8	1:34:53.2	7:18/M
74	Nick Mcdonald		697	M	34 M 0-39	1:34:38.0	1:34:56.1	7:18/M
75	Philip Moore	Deptford Green Runners	613	M	13 M 40-44	1:34:53.2	1:35:08.8	7:19/M
76	Lee French	Bushfield Joggers	526	M	35 M 0-39	1:34:46.6	1:35:11.5	7:19/M
77	Robin Forder	St Radegund RDC-na	19	M	14 M 40-44	1:35:11.2	1:35:18.7	7:20/M
78	Saheb Yousefi	East London Runners	617	M	36 M 0-39	1:35:15.4	1:35:54.3	7:23/M
79	Kevin Peters		94	M	15 M 40-44	1:36:02.0	1:36:06.1	7:24/M
80	Emily Boldy	St Radegund RDC-na	35	F	6 F 0-34	1:36:00.7	1:36:08.2	7:24/M
81	Fiona Halls	Saffron Striders	154	F	4 F 35-39	1:36:12.2	1:36:18.4	7:24/M
82	Chris Manby	Colchester Harriers	668	M	37 M 0-39	1:36:27.4	1:36:33.4	7:26/M
83	Eleanor Mayne	Colchester Harriers	656	F	7 F 0-34	1:36:26.7	1:36:33.4	7:26/M
84	Ben Rodriguez	Stowmarket Striders	750	M	38 M 0-39	1:36:46.4	1:36:49.1	7:27/M
85	Gordon Geach	Grantham RC	596	M	7 M 50-54	1:36:53.8	1:37:03.8	7:28/M
86	Catherine Payne	Grantham RC	598	F	2 F 45-49	1:37:03.8	1:37:09.6	7:28/M
87	Debra Wait	March AC	109	F	3 F 45-49	1:37:05.9	1:37:11.0	7:29/M
88	Stephen Fuller		468	M	39 M 0-39	1:37:08.9	1:37:13.0	7:29/M
89	Owen Vaughan	St Radegund RDC-na	433	M	40 M 0-39	1:37:06.8	1:37:13.9	7:29/M
90	Karen Patterson	March AC	243	F	2 F 40-44	1:37:21.6	1:37:26.7	7:30/M
91	Andy Cowling	Thorney RC	255	M	3 M 55-59	1:37:21.4	1:37:32.4	7:30/M
92	Darren Weston	Daventry Roadrunners	774	M	11 M 45-49	1:37:29.6	1:37:35.1	7:30/M
93	Neil Goulsbra		293	M	16 M 40-44	1:37:50.6	1:38:01.6	7:32/M
94	Reuben Cutajar		126	M	41 M 0-39	1:37:47.0	1:38:05.3	7:33/M
95	Raymond Hill	Ipswich Jaffa	677	M	1 M 60-64	1:38:09.9	1:38:14.3	7:33/M
96	Steve Hughes	Stowmarket Striders	294	M	12 M 45-49	1:38:20.1	1:38:25.0	7:34/M
97	Robert Mcardle	Grantham RC	529	M	8 M 50-54	1:38:20.9	1:38:30.3	7:35/M
98	Andrew H Howard	C&C	197	M	42 M 0-39	1:38:32.6	1:38:36.6	7:35/M
99	Stephen Blomfield		467	M	13 M 45-49	1:38:36.6	1:38:44.0	7:36/M
100	Adrian Barbrook		409	M	17 M 40-44	1:38:36.1	1:38:45.2	7:36/M
101	Robert Dawson		184	M	43 M 0-39	1:38:48.5	1:38:51.9	7:36/M
102	David Johnson	Saffron Striders	647	M	44 M 0-39	1:39:07.4	1:39:08.7	7:38/M
103	David Hole		557	M	14 M 45-49	1:38:52.6	1:39:09.3	7:38/M
104	Sam Barr	C&C	114	M	18 M 40-44	1:38:57.7	1:39:12.8	7:38/M
105	Raymond Woodruff	Ramsey Road Runners	102	M	4 M 55-59	1:39:25.3	1:39:29.1	7:39/M
106	Ryan James	Shenley Striders	369	M	45 M 0-39	1:39:35.2	1:39:39.5	7:40/M

107	Dan Brown		517	M	46 M 0-39	1:39:32.2	1:39:41.2	7:40/M
108	Greg Elgar		366	M	15 M 45-49	1:39:42.7	1:39:54.8	7:41/M
109	Andrew Golding	Bishop's Stortford RC	43	M	16 M 45-49	1:39:59.4	1:39:59.4	7:41/M
110	Steve Mulholland		699	M	47 M 0-39	1:39:43.7	1:40:01.9	7:42/M
111	Kevin Frost		93	M	48 M 0-39	1:39:59.5	1:40:13.3	7:43/M
112	Felicity Jane Ward	Ely Runners	733	F	8 F 0-34	1:40:14.9	1:40:19.1	7:43/M
113	Chris Chorley	Bungay Black Dog RC	563	M	17 M 45-49	1:40:13.1	1:40:28.6	7:44/M
114	Clare Dixon		657	F	5 F 35-39	1:40:18.8	1:40:29.1	7:44/M
115	Andrew Hall	Werrington Joggers	794	M	18 M 45-49	1:40:19.0	1:40:31.6	7:44/M
116	Simon Christiansen		500	M	49 M 0-39	1:40:17.5	1:40:35.4	7:44/M
117	Nicholas Sinnwell		625	M	50 M 0-39	1:40:28.7	1:40:35.7	7:44/M
118	Steve Hassall	St Radegund RDC-na	36	M	9 M 50-54	1:40:23.8	1:40:44.7	7:45/M
119	Vicky Old	Stamford Striders	486	F	9 F 0-34	1:40:42.1	1:40:49.1	7:45/M
120	Neil Flack		616	M	19 M 40-44	1:40:45.6	1:40:53.3	7:46/M
121	Christine King	North Herts RR	444	F	1 F 50-54	1:40:51.2	1:40:55.0	7:46/M
122	Edward Colby	St Radegund RDC-na	796	M	20 M 40-44	1:40:35.9	1:40:57.9	7:46/M
123	Julian Huckle	Werrington Joggers	773	M	10 M 50-54	1:40:59.4	1:41:03.3	7:46/M
124	Dale Jenkins	Roadhoggs AC	505	M	11 M 50-54	1:40:55.7	1:41:03.8	7:46/M
125	Jackie Brown	Roadhoggs AC	508	F	4 F 45-49	1:41:15.9	1:41:24.4	7:48/M
126	Barrie Barrett	Bushfield Joggers	549	M	2 M 60-64	1:41:18.2	1:41:25.8	7:48/M
127	Chris Phillips	Werrington Joggers	771	M	51 M 0-39	1:41:18.4	1:41:28.8	7:48/M
128	Darren Warner	Nene Valley Harriers	781	M	52 M 0-39	1:41:26.6	1:41:35.5	7:49/M
129	Russell Rose	David Lloyd Redway	713	M	21 M 40-44	1:41:25.9	1:41:37.7	7:49/M
130	Robert Ingoldby	Serpentine	202	M	53 M 0-39	1:41:39.8	1:41:43.9	7:49/M
131	Simon Gilbey	Werrington Joggers	803	M	19 M 45-49	1:41:36.7	1:41:57.2	7:51/M
132	Ed Grant	Bishop's Stortford RC	201	M	54 M 0-39	1:41:42.6	1:42:01.3	7:51/M
133	Hannah Cooke	St Radegund RDC-na	783	F	10 F 0-34	1:42:04.0	1:42:12.0	7:52/M
134	Sarah Golding	St Edmunds Pacers	230	F	5 F 45-49	1:42:05.4	1:42:15.1	7:52/M
135	James Edgoose		229	M	20 M 45-49	1:42:07.0	1:42:19.2	7:52/M
136	David Mould	Ely Runners	317	M	21 M 45-49	1:42:13.3	1:42:23.8	7:53/M
137	Barry Plowman	Braintree & District AC	394	M	22 M 45-49	1:42:38.8	1:42:45.8	7:54/M
138	Catherine Wright	Corby AC	649	F	1 F 55-59	1:42:37.7	1:42:48.5	7:54/M
139	Andrew Enticknap	Hunts AC	532	M	22 M 40-44	1:42:28.1	1:42:49.5	7:55/M
140	Andrew Smith		804	M	23 M 45-49	1:42:36.9	1:42:52.5	7:55/M
141	David Sheppard		769	M	23 M 40-44	1:42:46.9	1:42:56.5	7:55/M
142	Rebecca White	Saffron Striders	539	F	11 F 0-34	1:42:52.4	1:42:58.7	7:55/M
143	Craig Dearden-Phillips		474	M	24 M 40-44	1:42:56.9	1:43:05.2	7:56/M
144	Clare Garvey	C&C	471	F	3 F 40-44	1:43:04.2	1:43:10.3	7:56/M
145	Charlie Adams		469	M	55 M 0-39	1:42:58.9	1:43:12.1	7:56/M
146	Chris Toynbee		401	M	56 M 0-39	1:42:59.1	1:43:12.5	7:56/M
147	Joe Hall	Saffron Striders	660	M	24 M 45-49	1:42:54.4	1:43:16.3	7:57/M
148	Tom Bage		342	M	57 M 0-39	1:42:59.4	1:43:18.1	7:57/M
149	Robert Conquest	C&C	110	M	58 M 0-39	1:43:12.7	1:43:25.0	7:57/M
150	Alistair Henderson	Serpentine	41	M	25 M 45-49	1:43:06.1	1:43:26.5	7:57/M
151	James Knott		687	M	59 M 0-39	1:43:24.3	1:43:31.3	7:58/M
152	Max Zardini		498	M	26 M 45-49	1:43:20.0	1:43:37.4	7:58/M
153	Stacy Wheat	C&C	519	F	12 F 0-34	1:43:31.9	1:43:42.8	7:59/M
154	Joe Robbins		6	M	60 M 0-39	1:43:32.5	1:43:47.3	7:59/M
155	Kay Spooner		10	F	6 F 35-39	1:43:35.9	1:43:50.4	7:59/M
156	Shane Freeland		736	M	61 M 0-39	1:43:55.2	1:43:59.1	8:00/M
157	Alex Norris		344	M	62 M 0-39	1:43:42.5	1:43:59.9	8:00/M
158	Adam Walker		715	M	63 M 0-39	1:43:50.9	1:44:00.3	8:00/M
159	Grant Bage		341	M	5 M 55-59	1:43:43.0	1:44:02.5	8:00/M
160	Duncan Baber	Alchester RC	678	M	12 M 50-54	1:44:02.5	1:44:15.1	8:01/M
161	Rebecca Staunton	Ipswich Jaffa	560	F	13 F 0-34	1:44:00.9	1:44:18.5	8:01/M
162	Jennifer Fox		620	F	14 F 0-34	1:44:19.7	1:44:22.1	8:02/M

163	Dan Monks	Cambridge Tri Club	446	M	27 M 45-49	1:44:20.8	1:44:34.0	8:03/M
164	Keith Taggart		305	M	28 M 45-49	1:44:19.8	1:44:38.5	8:03/M
165	Chris Poole		442	M	64 M 0-39	1:44:52.2	1:44:59.5	8:05/M
166	David Beighton		153	M	65 M 0-39	1:45:06.0	1:45:07.4	8:05/M
167	Paul Crump		346	M	25 M 40-44	1:44:57.1	1:45:11.6	8:05/M
168	Nik Chapman	Newmarket Joggers	241	M	66 M 0-39	1:45:12.2	1:45:21.1	8:06/M
169	Sarah Airey	St Radegund RDC-na	303	F	15 F 0-34	1:45:01.1	1:45:22.3	8:06/M
170	Keith Borgars	Bishop's Stortford RC	22	M	67 M 0-39	1:45:14.9	1:45:28.1	8:07/M
171	Stuart Scott		621	M	68 M 0-39	1:45:25.6	1:45:40.6	8:08/M
172	Harry Druiff	Cambridge Tri Club	462	M	13 M 50-54	1:45:28.5	1:45:41.6	8:08/M
173	Robert Dalessandro	Cambridge Tri Club	51	M	29 M 45-49	1:45:28.6	1:45:41.8	8:08/M
174	Justin Burrell	Bedford Harriers	105	M	26 M 40-44	1:45:28.1	1:45:44.1	8:08/M
175	Terence O'Sullivan	Framlingham Flyers	533	M	6 M 55-59	1:45:28.0	1:45:45.4	8:08/M
176	Jeremy Johnson	St Radegund RDC-na	707	M	27 M 40-44	1:45:42.8	1:45:52.0	8:09/M
177	John Cledwyn Thomas	Corby AC	575	M	1 M 70-74	1:45:53.5	1:45:54.3	8:09/M
178	Algie Audas	Stamford Striders	475	M	14 M 50-54	1:45:49.2	1:45:58.3	8:09/M
179	Richard Heyes	Hunts AC	217	M	30 M 45-49	1:45:46.6	1:45:58.9	8:09/M
180	James Hyde		227	M	69 M 0-39	1:45:27.8	1:46:02.9	8:09/M
181	Stuart Sinclair	Grantham RC	667	M	70 M 0-39	1:46:03.6	1:46:05.6	8:10/M
182	Emmanuel Rossy		701	M	71 M 0-39	1:45:50.3	1:46:08.1	8:10/M
183	Jamie Xavier	East London Runners	372	M	72 M 0-39	1:45:29.3	1:46:09.0	8:10/M
184	Colin Bowpitt	Roadhogs AC	334	M	28 M 40-44	1:46:02.9	1:46:12.2	8:10/M
185	Kristy Guneratne	St Radegund RDC-na	135	F	16 F 0-34	1:45:53.1	1:46:14.4	8:10/M
186	Seán Minehane		186	M	73 M 0-39	1:45:56.1	1:46:16.5	8:10/M
187	Bradley Jowitt		597	M	74 M 0-39	1:45:56.2	1:46:18.5	8:11/M
188	Liz Summers	C&C	515	F	17 F 0-34	1:46:07.2	1:46:18.9	8:11/M
189	Michael Turner	Fittleworth Flyers	237	M	75 M 0-39	1:46:08.1	1:46:20.8	8:11/M
190	Martin Frohock	Ely Runners	84	M	76 M 0-39	1:46:06.3	1:46:23.5	8:11/M
191	Sarah Edwards	Ely Runners	312	F	18 F 0-34	1:46:16.0	1:46:31.4	8:12/M
192	Karen Payne	Newmarket Tri Club	440	F	4 F 40-44	1:46:24.3	1:46:32.9	8:12/M
193	Scott Corthell		704	M	77 M 0-39	1:46:35.3	1:46:39.1	8:12/M
194	Keith Gray	Bedford Harriers	142	M	31 M 45-49	1:46:20.5	1:46:39.7	8:12/M
195	David Scott		329	M	32 M 45-49	1:46:11.9	1:46:42.0	8:12/M
196	Hannah Torkington	Ely Runners	630	F	19 F 0-34	1:46:45.1	1:47:00.5	8:14/M
197	Ronald Penrose		373	M	1 M 65-69	1:47:12.1	1:47:25.6	8:16/M
198	David Baynes		198	M	33 M 45-49	1:47:22.1	1:47:29.6	8:16/M
199	Martin Bell		700	M	15 M 50-54	1:47:25.3	1:47:35.9	8:17/M
200	Sean Mcevoy		403	M	16 M 50-54	1:47:19.5	1:47:42.7	8:17/M
201	Vicky Steadman	Harlow RC	530	F	7 F 35-39	1:47:43.4	1:47:53.7	8:18/M
202	David Price		44	M	78 M 0-39	1:47:39.4	1:47:56.4	8:18/M
203	Rachel Porter		800	F	8 F 35-39	1:47:57.0	1:48:03.8	8:19/M
204	Owen Leyland		103	M	29 M 40-44	1:48:03.1	1:48:07.0	8:19/M
205	Matt Taylor		514	M	79 M 0-39	1:47:30.5	1:48:07.6	8:19/M
206	Sarah Goodwin	Wimbledon Windmilers	696	F	20 F 0-34	1:48:03.4	1:48:08.6	8:19/M
207	Louise Cadogan	Ely Runners	431	F	21 F 0-34	1:47:58.7	1:48:13.9	8:19/M
208	Alastair Grant	St Radegund RDC-na	46	M	30 M 40-44	1:47:52.0	1:48:16.9	8:20/M
209	Brian Bradshaw		165	M	3 M 60-64	1:48:13.1	1:48:22.2	8:20/M
210	Gareth Burgess	Bushfield Joggers	628	M	80 M 0-39	1:48:17.7	1:48:27.9	8:21/M
211	Helen Brown	Grantham RC	604	F	9 F 35-39	1:48:33.2	1:48:41.5	8:22/M
212	James Gosse	St Radegund RDC-na	13	M	81 M 0-39	1:48:43.7	1:49:08.0	8:24/M
213	Terry Down	David Lloyd Redway	455	M	7 M 55-59	1:49:08.1	1:49:09.8	8:24/M
214	Henrietta Martin-Fisher		258	F	22 F 0-34	1:48:55.6	1:49:11.9	8:24/M
215	Jonathan Swann	Bishop's Stortford RC	390	M	82 M 0-39	1:48:56.5	1:49:15.4	8:24/M
216	David Cheese	Newmarket Joggers	91	M	4 M 60-64	1:49:12.2	1:49:20.7	8:25/M
217	Roy Hughes	David Lloyd Redway	724	M	2 M 65-69	1:49:12.3	1:49:23.7	8:25/M
218	Kevin Harris		339	M	34 M 45-49	1:49:17.1	1:49:29.9	8:25/M

219	Julia Decesare	C&C	225	F	10 F 35-39	1:49:17.6	1:49:31.8	8:25/M
220	Melissa Burrell	Bedford Harriers	1	F	23 F 0-34	1:49:17.0	1:49:32.6	8:26/M
221	Nicholas Braybrooke		220	M	83 M 0-39	1:48:56.7	1:49:43.5	8:26/M
222	Paul Jones	C&C	511	M	35 M 45-49	1:49:09.5	1:49:53.2	8:27/M
223	Martin Brigden		434	M	8 M 55-59	1:49:44.8	1:50:04.2	8:28/M
224	Christopher Stapleton	Bushfield Joggers	531	M	5 M 60-64	1:49:50.2	1:50:15.8	8:29/M
225	Mette Sangiovanni		568	F	5 F 40-44	1:50:02.0	1:50:27.3	8:30/M
226	Mike Grant	Bishop's Stortford RC	200	M	36 M 45-49	1:50:19.4	1:50:37.3	8:31/M
227	Ian Elden	Haverhill RC	437	M	84 M 0-39	1:50:37.0	1:50:42.7	8:31/M
228	Garry Ward		175	M	85 M 0-39	1:50:28.2	1:50:42.9	8:31/M
229	Trevor Bunch	Haverhill RC	53	M	86 M 0-39	1:50:38.7	1:50:43.3	8:31/M
230	Martin Quinn		611	M	17 M 50-54	1:50:19.3	1:50:45.7	8:31/M
231	Miranda Paul	Ely Runners	534	F	11 F 35-39	1:50:44.3	1:51:00.2	8:32/M
232	Brandon Daigle		414	M	87 M 0-39	1:50:08.1	1:51:00.4	8:32/M
233	Peter German	Hunts AC	692	M	9 M 55-59	1:50:51.2	1:51:03.2	8:33/M
234	Simon Chapman		63	M	31 M 40-44	1:50:50.5	1:51:11.5	8:33/M
235	David Elliott		765	M	37 M 45-49	1:50:49.7	1:51:11.8	8:33/M
236	Joep Van Beurden	CSR RC	88	M	18 M 50-54	1:51:00.6	1:51:18.3	8:34/M
237	Melvyn Cornwell		767	M	88 M 0-39	1:51:14.2	1:51:18.5	8:34/M
238	Gary Wright		691	M	38 M 45-49	1:50:53.2	1:51:18.9	8:34/M
239	Alec Hawkes	St Radegund RDC-na	793	M	3 M 65-69	1:50:58.2	1:51:22.8	8:34/M
240	Patrick Marsh	Colchester Harriers	648	M	39 M 45-49	1:51:20.1	1:51:34.5	8:35/M
241	Anita Mussett	Colchester Harriers	754	F	6 F 40-44	1:51:28.8	1:51:41.6	8:35/M
242	David Cunningham	St Albans Striders	97	M	89 M 0-39	1:51:10.6	1:51:47.4	8:36/M
243	Chris Pepperrell		157	M	19 M 50-54	1:51:43.0	1:51:51.8	8:36/M
244	Paul Cook		731	M	32 M 40-44	1:51:41.2	1:51:53.3	8:36/M
245	Michael Slater		420	M	40 M 45-49	1:51:36.5	1:52:07.4	8:37/M
246	Geraldine Emmins	March AC	284	F	7 F 40-44	1:52:02.1	1:52:08.6	8:38/M
247	Sue Harlow	Yaxley Runners	710	F	12 F 35-39	1:52:01.9	1:52:25.3	8:39/M
248	Jake Whitehead		694	M	90 M 0-39	1:51:28.6	1:52:25.8	8:39/M
249	Alec Moyes		635	M	41 M 45-49	1:51:51.4	1:52:26.3	8:39/M
250	Ondrej Kapusta	Ely Tri Club-na	770	M	91 M 0-39	1:52:00.6	1:52:26.3	8:39/M
251	Alan Condon	Bushfield Joggers	527	M	92 M 0-39	1:52:05.4	1:52:29.9	8:39/M
252	Mark Draper	North Herts RR	279	M	20 M 50-54	1:52:28.5	1:52:31.8	8:39/M
253	David Lindsay		651	M	21 M 50-54	1:52:14.6	1:52:35.1	8:40/M
254	Simon Taylor		689	M	42 M 45-49	1:52:15.6	1:52:48.0	8:41/M
255	Richard Copping		210	M	93 M 0-39	1:52:27.4	1:52:49.2	8:41/M
256	Dawn Marshall	St Edmunds Pacers	664	F	2 F 50-54	1:52:44.2	1:52:53.8	8:41/M
257	Kevin Kipp	Bishop's Stortford RC	447	M	10 M 55-59	1:52:38.6	1:52:57.1	8:41/M
258	Sadie Spring		473	F	24 F 0-34	1:52:25.9	1:52:57.7	8:41/M
259	Paul Wilson		389	M	94 M 0-39	1:52:32.0	1:52:59.5	8:41/M
260	Keith Grimwade		348	M	11 M 55-59	1:52:48.4	1:53:08.1	8:42/M
261	Mark Graham		280	M	33 M 40-44	1:53:15.2	1:53:39.3	8:45/M
262	Simon White		438	M	95 M 0-39	1:53:27.7	1:53:40.0	8:45/M
263	Eddie Barrett	Ramsey Road Runners	266	M	34 M 40-44	1:53:06.9	1:53:41.9	8:45/M
264	Sarah Walters	St Radegund RDC-na	146	F	25 F 0-34	1:53:36.5	1:53:43.8	8:45/M
265	Michael Judkins		283	M	12 M 55-59	1:53:41.3	1:53:48.8	8:45/M
266	Jill Sommerville	North Herts RR	525	F	13 F 35-39	1:53:28.8	1:53:58.6	8:46/M
267	Haitham Cruickshank		614	M	22 M 50-54	1:53:39.2	1:54:02.3	8:46/M
268	Gordon Lland	Bedford Harriers	688	M	13 M 55-59	1:53:46.3	1:54:09.9	8:47/M
269	Keith Dakin	Roadhoggs AC	541	M	14 M 55-59	1:53:50.5	1:54:10.4	8:47/M
270	Richard Sharpe	Thorney RC	615	M	43 M 45-49	1:53:51.4	1:54:17.9	8:47/M
271	Jon Ellicott	Bushfield Joggers	540	M	96 M 0-39	1:54:17.9	1:54:28.1	8:48/M
272	Tony Kelly	Saffron Striders	136	M	23 M 50-54	1:54:22.3	1:54:32.6	8:49/M
273	Mark Avery	Ipswich Jaffa	374	M	44 M 45-49	1:54:23.8	1:54:41.9	8:49/M
274	Winston Wannop	St Radegund RDC-na	100	M	24 M 50-54	1:54:26.4	1:54:49.8	8:50/M

275	Karen Hatton	St Edmunds Pacers	158	F	3 F 50-54	1:54:42.6	1:54:52.1	8:50/M
276	Nick Lorman-Hall		231	M	35 M 40-44	1:54:50.9	1:55:00.9	8:51/M
277	Mark Thurman	St Radegund RDC-na	786	M	97 M 0-39	1:54:45.7	1:55:09.5	8:51/M
278	Michael Graham		591	M	25 M 50-54	1:55:01.2	1:55:23.5	8:53/M
279	Daniel Walker		790	M	98 M 0-39	1:55:24.9	1:55:28.8	8:53/M
280	Bobbie Sauerzapf	Bungay Black Dog RC	562	F	4 F 50-54	1:55:06.9	1:55:33.2	8:53/M
281	Brian Harding		661	M	26 M 50-54	1:54:50.3	1:55:35.1	8:53/M
282	Clive Purbrook	Newmarket Joggers	297	M	15 M 55-59	1:55:05.0	1:55:40.8	8:54/M
283	Carolyn O'Connor	Bedford Harriers	48	F	8 F 40-44	1:55:48.5	1:56:00.1	8:55/M
284	Steven Anderson	C&C	435	M	6 M 60-64	1:55:29.3	1:56:01.9	8:55/M
285	Steven Footer		698	M	99 M 0-39	1:55:25.9	1:56:03.3	8:56/M
286	Lisa Hall		778	F	26 F 0-34	1:55:34.7	1:56:07.7	8:56/M
287	Perry Gear	Garden City Runners	296	M	45 M 45-49	1:56:07.4	1:56:27.6	8:57/M
288	Jonathan Wooldridge	East London Runners	618	M	36 M 40-44	1:55:52.9	1:56:32.4	8:58/M
289	Matthew Bray	Wimbledon Windmilers	695	M	100 M 0-39	1:56:42.6	1:56:48.3	8:59/M
290	Shelli Edgar		325	F	14 F 35-39	1:56:25.1	1:56:53.2	8:59/M
291	Phil Hall	Grantham RC	729	M	16 M 55-59	1:57:03.9	1:57:14.8	9:01/M
292	Eleanor Cowan	Bishop's Stortford RC	178	F	9 F 40-44	1:56:58.3	1:57:16.9	9:01/M
293	Tony Barber		610	M	101 M 0-39	1:56:26.0	1:57:26.4	9:02/M
294	William Winter	St Radegund RDC-na	720	M	102 M 0-39	1:57:26.3	1:57:34.2	9:03/M
295	John Bidwell		580	M	27 M 50-54	1:57:07.7	1:57:39.4	9:03/M
296	Lucy Roberts	Grantham RC	573	F	6 F 45-49	1:57:28.8	1:57:40.1	9:03/M
297	Peter Cole		426	M	103 M 0-39	1:57:25.8	1:57:46.0	9:04/M
298	Katherine Marcucci		673	F	27 F 0-34	1:57:51.6	1:57:53.8	9:04/M
299	Gary Townsend		419	M	28 M 50-54	1:57:14.0	1:57:55.4	9:04/M
300	Jeremy Reader		108	M	104 M 0-39	1:57:43.8	1:58:02.7	9:05/M
301	Alexander Zeffertt	St Radegund RDC-na	42	M	105 M 0-39	1:57:45.0	1:58:14.3	9:06/M
302	Gary Britnell	Sleaford Town Runners	650	M	37 M 40-44	1:57:42.0	1:58:15.7	9:06/M
303	Jennifer Winterhalder		112	F	28 F 0-34	1:58:12.8	1:58:24.5	9:06/M
304	Martin Young		387	M	38 M 40-44	1:57:59.8	1:58:25.6	9:07/M
305	Catherine Course	Bedford Harriers	47	F	15 F 35-39	1:58:13.4	1:58:25.8	9:07/M
306	David Onley		148	M	106 M 0-39	1:58:09.4	1:58:27.9	9:07/M
307	Matthew Mason		85	M	39 M 40-44	1:58:22.3	1:58:34.1	9:07/M
308	Glenn Hawkins		206	M	46 M 45-49	1:58:02.0	1:58:35.5	9:07/M
309	Julie Dilrew	Reepham Runners	528	F	5 F 50-54	1:58:07.8	1:58:40.1	9:08/M
310	Jeremy Hill		436	M	107 M 0-39	1:58:29.7	1:58:42.6	9:08/M
311	Nigel Kinsella	Hillingdon AC	542	M	47 M 45-49	1:58:40.6	1:58:55.6	9:09/M
312	Peter Tebb	Bushfield Joggers	632	M	48 M 45-49	1:58:19.4	1:59:00.8	9:09/M
313	Shahid Uddin		171	M	40 M 40-44	1:58:30.8	1:59:02.2	9:09/M
314	Elizabeth Whittaker	Bushfield Joggers	722	F	2 F 55-59	1:58:21.3	1:59:03.0	9:09/M
315	Niel De Beaudrap	St Radegund RDC-na	72	M	108 M 0-39	1:58:44.0	1:59:04.5	9:10/M
316	Crayton Macdonald	Newmarket Tri Club	191	M	109 M 0-39	1:58:42.0	1:59:23.7	9:11/M
317	Joe Koch	St Radegund RDC-na	723	M	110 M 0-39	1:59:04.6	1:59:27.3	9:11/M
318	Pamela Arnone		633	F	10 F 40-44	1:58:59.4	1:59:27.6	9:11/M
319	Alan Barton		576	M	41 M 40-44	1:59:05.0	1:59:30.0	9:12/M
320	Gareth Kavanagh-Dixon	Ely Runners	358	M	111 M 0-39	1:58:59.2	1:59:39.2	9:12/M
321	Lee Gamble		321	M	112 M 0-39	1:59:05.0	1:59:42.7	9:12/M
322	Rob Tolfts		302	M	113 M 0-39	1:59:43.9	1:59:59.6	9:14/M
323	Dominick Mcintyre		133	M	49 M 45-49	1:59:31.1	2:00:00.2	9:14/M
324	Saira Karim	Bishop's Stortford RC	572	F	29 F 0-34	1:59:47.8	2:00:06.3	9:14/M
325	Phil Oakley		345	M	42 M 40-44	2:00:08.4	2:00:08.4	9:14/M
326	John Turner	Ely Runners	716	M	4 M 65-69	2:00:05.4	2:00:12.2	9:15/M
327	Matthew Pennell		463	M	114 M 0-39	1:59:56.6	2:00:13.6	9:15/M
328	Rowan Brown		352	M	115 M 0-39	2:00:09.6	2:00:36.3	9:17/M
329	Helen Marshall		386	F	11 F 40-44	2:00:11.0	2:00:36.8	9:17/M
330	Richard Braund	St Radegund RDC-na	780	M	7 M 60-64	2:00:10.3	2:00:39.3	9:17/M

331	Guy Forster		585	M	116 M 0-39	1:59:47.5	2:00:41.6	9:17/M
332	Tom Jameson		430	M	117 M 0-39	2:00:54.2	2:00:54.2	9:18/M
333	Robert Haggart		64	M	29 M 50-54	2:00:46.5	2:00:58.7	9:18/M
334	Tonya Smith	Werrington Joggers	775	F	16 F 35-39	2:01:09.6	2:01:26.6	9:20/M
335	Martin Benedicto		300	M	118 M 0-39	2:01:04.7	2:02:01.6	9:23/M
336	Gary Norman	Thorney RC	554	M	30 M 50-54	2:01:49.1	2:02:06.3	9:24/M
337	Melina Corthell		703	F	30 F 0-34	2:02:10.7	2:02:13.2	9:24/M
338	Patrick Williams		725	M	119 M 0-39	2:02:04.3	2:02:21.0	9:25/M
339	Matt Jones	St Radegund RDC-na	215	M	43 M 40-44	2:01:39.7	2:02:38.3	9:26/M
340	Peter Dale		221	M	120 M 0-39	2:01:52.8	2:02:54.3	9:27/M
341	Vicky Adams		738	F	17 F 35-39	2:02:26.5	2:02:57.9	9:27/M
342	Suzy Roy		680	F	31 F 0-34	2:03:00.0	2:03:01.8	9:28/M
343	Tom Low		512	M	44 M 40-44	2:02:53.0	2:03:13.7	9:29/M
344	Clare Mendes	Roadhogs AC	506	F	32 F 0-34	2:02:56.4	2:03:17.4	9:29/M
345	Claire Wilshaw	St Radegund RDC-na	749	F	33 F 0-34	2:03:02.2	2:03:24.7	9:30/M
346	Adam Williams		168	M	45 M 40-44	2:02:25.6	2:03:30.8	9:30/M
347	Xiaolin Wu	St Radegund RDC-na	714	F	12 F 40-44	2:03:03.7	2:03:34.9	9:30/M
348	Peter Leverett		439	M	31 M 50-54	2:03:12.4	2:03:39.1	9:31/M
349	Fabio Favot		23	M	46 M 40-44	2:03:25.1	2:03:45.0	9:31/M
350	Laura Nathan	Harpenden Arrows	213	F	18 F 35-39	2:03:18.6	2:03:48.9	9:31/M
351	Sean O'Driscoll	Bushfield Joggers	594	M	32 M 50-54	2:03:53.7	2:04:28.6	9:34/M
352	Dave Sherman	Havering '90 Joggers	772	M	121 M 0-39	2:03:58.4	2:04:32.6	9:35/M
353	Sean Wakeman		288	M	50 M 45-49	2:04:16.9	2:04:37.2	9:35/M
354	James Nicholls		761	M	122 M 0-39	2:04:12.5	2:04:43.2	9:36/M
355	Stuart Baumber	Ely Runners	313	M	47 M 40-44	2:04:50.2	2:05:04.8	9:37/M
356	Mark Grenville		304	M	51 M 45-49	2:04:34.7	2:05:15.1	9:38/M
357	William Tunstall-Pedoe	St Radegund RDC-na	711	M	48 M 40-44	2:04:59.6	2:05:22.0	9:39/M
358	Neassa Mccabe		174	F	34 F 0-34	2:04:44.0	2:05:33.4	9:39/M
359	Peter Langham		306	M	52 M 45-49	2:05:00.7	2:05:45.4	9:40/M
360	Jordan Lancaster	March AC	569	M	123 M 0-39	2:05:19.9	2:05:47.2	9:41/M
361	Phil Pearsons	BRJ	207	M	33 M 50-54	2:05:14.1	2:05:52.4	9:41/M
362	John Nevin	Haverhill RC	607	M	8 M 60-64	2:05:15.6	2:05:58.9	9:41/M
363	Alan Newlands		78	M	53 M 45-49	2:05:28.4	2:06:00.2	9:42/M
364	Siobhán Mccartan		176	F	35 F 0-34	2:05:12.2	2:06:01.5	9:42/M
365	Julia Forman	St Radegund RDC-na	327	F	36 F 0-34	2:05:41.2	2:06:06.3	9:42/M
366	Kerrie Palmer		491	F	37 F 0-34	2:05:22.3	2:06:07.7	9:42/M
367	Steve Starr	Ely Runners	333	M	54 M 45-49	2:06:04.5	2:06:20.1	9:43/M
368	Mateja Jamnik Bierman		634	F	19 F 35-39	2:05:59.7	2:06:28.4	9:44/M
369	Wendy Coxshall	Bushfield Joggers	619	F	20 F 35-39	2:05:52.3	2:06:31.2	9:44/M
370	Jean Newlands	Haverhill RC	77	F	7 F 45-49	2:06:03.6	2:06:34.6	9:44/M
371	Simon Forbes	Bedford Harriers	363	M	55 M 45-49	2:06:16.5	2:06:40.9	9:45/M
372	David Isaacson		275	M	56 M 45-49	2:06:18.5	2:06:46.4	9:45/M
373	Stephen Cowell	March AC	208	M	17 M 55-59	2:06:20.5	2:06:47.7	9:45/M
374	Louise Holmes		574	F	38 F 0-34	2:06:09.4	2:06:48.0	9:45/M
375	Annabel Line		5	F	21 F 35-39	2:06:39.1	2:06:54.0	9:46/M
376	Morven Mcalpine		579	F	39 F 0-34	2:06:41.4	2:07:19.4	9:48/M
377	Matt Freestone		504	M	49 M 40-44	2:07:00.1	2:07:30.1	9:48/M
378	Paula Mccann		128	F	1 F 60-64	2:07:00.1	2:07:33.7	9:49/M
379	Sarah Whitson	Vegan Runners	14	F	40 F 0-34	2:07:00.7	2:07:49.0	9:50/M
380	Thomas Orr		639	M	50 M 40-44	2:07:44.6	2:07:54.4	9:50/M
381	Laura Banks		349	F	41 F 0-34	2:07:31.9	2:08:04.8	9:51/M
382	Andy Dunne		274	M	34 M 50-54	2:07:52.2	2:08:27.8	9:53/M
383	Nilesh Patel	Bushfield Joggers	551	M	124 M 0-39	2:08:13.1	2:08:40.0	9:54/M
384	Jeffrey Lehnert		653	M	125 M 0-39	2:07:50.7	2:08:41.8	9:54/M
385	Stewart Mendoza		510	M	126 M 0-39	2:07:52.3	2:08:42.7	9:54/M
386	Simon Hellowell		350	M	51 M 40-44	2:08:10.1	2:08:43.4	9:54/M

387	Amanda Lehnert		652	F	42 F 0-34	2:07:59.1	2:08:49.8	9:55/M
388	David Philips		246	M	127 M 0-39	2:08:48.3	2:09:13.6	9:56/M
389	Mark Salt		555	M	128 M 0-39	2:08:56.2	2:09:22.3	9:57/M
390	Mike Stokes		646	M	57 M 45-49	2:08:46.7	2:09:25.6	9:57/M
391	Colin Voss		240	M	52 M 40-44	2:09:09.9	2:09:30.9	9:58/M
392	Thomas Mead		204	M	129 M 0-39	2:09:04.3	2:09:33.2	9:58/M
393	James Ryan	Eastern Veterans AC	285	M	5 M 65-69	2:09:10.9	2:09:40.8	9:58/M
394	Andy Gibbon		423	M	58 M 45-49	2:09:17.4	2:09:43.2	9:59/M
395	Christian Glover		292	M	130 M 0-39	2:09:30.5	2:10:01.0	10:00/M
396	Helen Monk	Airfield Road Runners-na	441	F	22 F 35-39	2:09:27.1	2:10:04.5	10:00/M
397	Giuseppe Francavilla		777	M	18 M 55-59	2:09:18.0	2:10:08.0	10:01/M
398	Anita Grainger	Witham RC	31	F	13 F 40-44	2:09:54.9	2:10:12.3	10:01/M
399	Rachael Rowlingson		163	F	23 F 35-39	2:09:27.2	2:10:12.8	10:01/M
400	Sarah Kelman		212	F	14 F 40-44	2:09:52.0	2:10:23.6	10:02/M
401	Rebecca Witton	Bushfield Joggers	538	F	24 F 35-39	2:09:46.0	2:10:25.3	10:02/M
402	Jude Worthy		354	M	131 M 0-39	2:09:42.0	2:10:31.5	10:02/M
403	John Parham		752	M	59 M 45-49	2:09:57.4	2:10:42.3	10:03/M
404	Reuben Bradshaw	Haverhill RC	683	M	53 M 40-44	2:10:08.8	2:10:51.9	10:04/M
405	John Baker	Bishop's Stortford RC	792	M	9 M 60-64	2:10:33.1	2:10:52.4	10:04/M
406	Jackie Wareham	Haverhill RC	150	F	6 F 50-54	2:10:27.3	2:10:58.2	10:04/M
407	Lindsay Matthews	Haverhill RC	143	F	7 F 50-54	2:10:27.2	2:10:58.5	10:04/M
408	Daniel Starling		595	M	132 M 0-39	2:10:43.2	2:10:59.3	10:05/M
409	Ian Johnston		101	M	35 M 50-54	2:09:58.2	2:11:00.6	10:05/M
410	Anette Laver	Cambridge Tri Club	68	F	15 F 40-44	2:10:34.1	2:11:05.0	10:05/M
411	Vicky Berry	St Radegund RDC-na	188	F	8 F 45-49	2:10:58.3	2:11:14.3	10:06/M
412	Chris Walsh		270	M	133 M 0-39	2:10:32.2	2:11:21.0	10:06/M
413	Rosslyn Hamlyn	Werrington Joggers	543	F	16 F 40-44	2:10:53.1	2:11:27.0	10:07/M
414	Anna Sedgbeer		239	F	25 F 35-39	2:10:52.7	2:11:42.5	10:08/M
415	Charlotte Anderson		662	F	43 F 0-34	2:11:14.0	2:11:46.4	10:08/M
416	Hannah Turner		278	F	26 F 35-39	2:11:22.0	2:11:58.2	10:09/M
417	Chris Dyer		742	M	19 M 55-59	2:11:25.8	2:12:02.1	10:09/M
418	Leanne Zeki		642	F	44 F 0-34	2:11:25.0	2:12:11.2	10:10/M
419	Simon Nightingale		493	M	134 M 0-39	2:11:29.6	2:12:12.9	10:10/M
420	Phil Bryant	LDWA	425	M	36 M 50-54	2:11:47.3	2:12:35.7	10:12/M
421	Marianne Nugent	LDWA	424	F	9 F 45-49	2:11:47.2	2:12:35.9	10:12/M
422	Simon Gentry		547	M	60 M 45-49	2:12:17.3	2:12:43.2	10:13/M
423	Shirley Diver	Werrington Joggers	737	F	3 F 55-59	2:12:11.8	2:12:46.4	10:13/M
424	Angei Kay	Bedford Harriers	629	F	8 F 50-54	2:12:18.5	2:12:48.2	10:13/M
425	John Murphy		28	M	37 M 50-54	2:12:22.4	2:12:52.3	10:13/M
426	Victoria Haile		798	F	45 F 0-34	2:12:24.5	2:13:20.9	10:15/M
427	Leslie Kindleysides		245	M	2 M 70-74	2:12:28.4	2:13:26.4	10:16/M
428	Alison Haile		495	F	10 F 45-49	2:12:32.2	2:13:28.4	10:16/M
429	Celine Aubry	Ely Runners	571	F	46 F 0-34	2:12:48.7	2:13:36.0	10:17/M
430	Laura Jane Michie	St Radegund RDC-na	719	F	47 F 0-34	2:13:12.6	2:13:42.3	10:17/M
431	Austin Patterson	March AC	242	M	54 M 40-44	2:13:26.0	2:13:53.6	10:18/M
432	George Jellicoe	St Radegund RDC-na	12	M	6 M 65-69	2:14:05.2	2:14:05.2	10:19/M
433	Mandy Sexton		388	F	11 F 45-49	2:13:37.5	2:14:06.4	10:19/M
434	Andrew Booth		318	M	55 M 40-44	2:13:28.6	2:14:08.2	10:19/M
435	Jodie Williams		319	F	48 F 0-34	2:13:28.1	2:14:08.6	10:19/M
436	Craig Beale		487	M	135 M 0-39	2:13:28.8	2:14:11.0	10:19/M
437	Mark Underwood		361	M	61 M 45-49	2:13:22.1	2:14:29.8	10:21/M
438	Petra Otto	Thorney RC	432	F	2 F 60-64	2:14:03.1	2:14:30.7	10:21/M
439	Jeff Mercer		503	M	136 M 0-39	2:14:00.0	2:14:38.4	10:21/M
440	Kim Pedlar		29	F	17 F 40-44	2:14:25.3	2:14:50.1	10:22/M
441	Stuart Laud		111	M	56 M 40-44	2:14:25.9	2:14:50.3	10:22/M
442	Kristine Cornelius		30	F	49 F 0-34	2:14:27.6	2:14:50.4	10:22/M

443	Emily Wilson		427	F	50 F 0-34	2:15:09.3	2:15:21.8	10:25/M
444	Alison Webb	St Radegund RDC-na	727	F	9 F 50-54	2:15:11.3	2:15:24.2	10:25/M
445	David Vigar		788	M	38 M 50-54	2:14:44.0	2:15:28.7	10:25/M
446	Isabel Vicente	Fetch Everyone	79	F	12 F 45-49	2:14:42.8	2:15:38.0	10:26/M
447	Amy Zettlemoyer-Lazar		674	F	27 F 35-39	2:15:36.7	2:15:39.5	10:26/M
448	Ian Breeze		18	M	57 M 40-44	2:15:04.6	2:15:50.1	10:27/M
449	Megan Daigle		415	F	51 F 0-34	2:15:06.3	2:15:58.7	10:28/M
450	Andrea Ballantine	Ely Runners	747	F	28 F 35-39	2:15:38.3	2:16:26.3	10:30/M
451	Alice Leadbeter		172	F	29 F 35-39	2:15:41.2	2:16:26.4	10:30/M
452	Caroline Earl		205	F	30 F 35-39	2:15:40.6	2:16:26.5	10:30/M
453	Rachel Bridgeman		173	F	31 F 35-39	2:15:40.9	2:16:26.6	10:30/M
454	Christine Walters		262	F	13 F 45-49	2:15:51.3	2:16:35.7	10:30/M
455	Karen Risley	Bishop's Stortford RC	180	F	32 F 35-39	2:15:47.7	2:16:41.1	10:31/M
456	Adam Spruce		601	M	137 M 0-39	2:16:32.0	2:17:02.0	10:32/M
457	Gerald Peters		118	M	39 M 50-54	2:16:32.2	2:17:03.9	10:33/M
458	Hugo Worthy		355	M	138 M 0-39	2:16:14.5	2:17:04.3	10:33/M
459	Fiona Morgan	St Radegund RDC-na	139	F	52 F 0-34	2:16:26.6	2:17:09.1	10:33/M
460	Daniel Wright	Haverhill RC	311	M	139 M 0-39	2:16:32.0	2:17:14.6	10:33/M
461	Mary Jennings	C&C	785	F	4 F 55-59	2:17:04.8	2:17:44.4	10:36/M
462	Phil Simons		38	M	58 M 40-44	2:17:07.7	2:18:07.0	10:37/M
463	Chris Willis		216	M	140 M 0-39	2:17:10.6	2:18:12.3	10:38/M
464	Mike Pine		523	M	62 M 45-49	2:17:55.1	2:18:45.9	10:40/M
465	David Cox		161	M	141 M 0-39	2:18:36.0	2:18:56.2	10:41/M
466	Alison Jones	C&C	712	F	14 F 45-49	2:19:02.4	2:19:46.7	10:45/M
467	Ray Knight		518	M	142 M 0-39	2:19:44.2	2:19:54.1	10:46/M
468	Steve Smith		658	M	143 M 0-39	2:19:47.7	2:20:03.0	10:46/M
469	Christiane Krüger		478	F	53 F 0-34	2:19:31.2	2:20:18.4	10:48/M
470	Mandy Cook	Bushfield Joggers	282	F	15 F 45-49	2:19:29.6	2:20:23.6	10:48/M
471	Steven Barker		251	M	144 M 0-39	2:20:05.9	2:20:32.3	10:49/M
472	Jamie Nathan	Harpenden Arrows	214	M	145 M 0-39	2:20:09.8	2:20:39.9	10:49/M
473	Harold Toze	Bishop's Stortford RC	766	M	7 M 65-69	2:19:48.6	2:20:43.0	10:49/M
474	Lucie Van Emmenis		130	F	54 F 0-34	2:20:09.2	2:20:45.1	10:50/M
475	Adrian Van Emmenis		129	M	20 M 55-59	2:20:20.0	2:20:55.6	10:50/M
476	Sharon Cole		684	F	33 F 35-39	2:20:16.8	2:20:59.4	10:51/M
477	Alex Gee		2	M	146 M 0-39	2:20:44.3	2:21:04.1	10:51/M
478	Simon Pollock		582	M	40 M 50-54	2:20:38.4	2:21:04.6	10:51/M
479	Stephanie Davies		185	F	55 F 0-34	2:20:26.0	2:21:17.7	10:52/M
480	John Barber		40	M	8 M 65-69	2:21:13.4	2:21:29.7	10:53/M
481	Sophie Martin		452	F	56 F 0-34	2:20:58.9	2:21:46.6	10:54/M
482	Aimee Hamilton	St Edmunds Pacers	451	F	57 F 0-34	2:20:59.5	2:21:47.1	10:54/M
483	John Shepherd	St Radegund RDC-na	686	M	10 M 60-64	2:21:33.0	2:21:49.4	10:55/M
484	Gillian Price		496	F	10 F 50-54	2:21:04.7	2:22:00.9	10:55/M
485	Juliet Annansingh		453	F	58 F 0-34	2:21:41.0	2:22:08.0	10:56/M
486	Peter Jackson		218	M	41 M 50-54	2:22:05.2	2:22:43.3	10:59/M
487	Lucy Mcmillan	Roadhogs AC	509	F	59 F 0-34	2:22:27.7	2:22:47.5	10:59/M
488	Claire Van Leersum	Ely Runners	7	F	11 F 50-54	2:22:05.1	2:22:53.4	10:59/M
489	Cressida Harding		162	F	34 F 35-39	2:22:19.3	2:23:05.0	11:00/M
490	Nigel Chapman		271	M	42 M 50-54	2:22:58.8	2:23:37.7	11:03/M
491	Imogen Monks		445	F	60 F 0-34	2:23:04.6	2:23:56.4	11:04/M
492	Pete Vine		379	M	147 M 0-39	2:23:32.7	2:24:01.0	11:05/M
493	Sue Davys	Bushfield Joggers	199	F	12 F 50-54	2:23:11.6	2:24:05.8	11:05/M
494	Neil Bailey		521	M	148 M 0-39	2:23:15.6	2:24:09.5	11:05/M
495	Jackie Leonard		385	F	16 F 45-49	2:23:18.7	2:24:20.0	11:06/M
496	Lou Henderson	Sleaford Town Runners	599	F	61 F 0-34	2:24:18.8	2:25:00.4	11:09/M
497	Colin Anderson		535	M	59 M 40-44	2:24:26.6	2:25:03.1	11:09/M
498	Donna Anderson		536	F	18 F 40-44	2:24:26.3	2:25:03.3	11:09/M

499	Marcus Gynn	Newmarket Joggers	399	M	149 M 0-39	2:24:40.8	2:25:16.3	11:10/M
500	Hannah Collins	St Radegund RDC-na	222	F	62 F 0-34	2:24:56.6	2:25:52.8	11:13/M
501	Rosey Turner		577	F	63 F 0-34	2:24:57.0	2:25:53.2	11:13/M
502	Matthew Hughes		405	M	150 M 0-39	2:26:04.0	2:26:04.0	11:14/M
503	Matthew Ellis		448	M	151 M 0-39	2:25:29.1	2:26:20.5	11:15/M
504	Ben Edgley		252	M	152 M 0-39	2:26:40.4	2:27:43.2	11:22/M
505	Becca Brown	Stamford Striders	485	F	64 F 0-34	2:27:03.6	2:27:43.3	11:22/M
506	Adam Joseph		238	M	153 M 0-39	2:26:51.2	2:27:48.7	11:22/M
507	Esther Moore		382	F	17 F 45-49	2:27:54.5	2:28:37.8	11:26/M
508	Patrick Brown	March AC	553	M	3 M 70-74	2:27:44.6	2:28:51.3	11:27/M
509	Christine Robinson	Bishop's Stortford RC	753	F	3 F 60-64	2:28:10.8	2:29:04.7	11:28/M
510	Mary Amos	Bishop's Stortford RC	179	F	1 F 65-69	2:28:11.1	2:29:04.7	11:28/M
511	Philip Stanton		623	M	43 M 50-54	2:28:10.4	2:29:06.2	11:28/M
512	Toni White	Haverhill RC	26	F	19 F 40-44	2:28:43.1	2:29:25.4	11:30/M
513	Alison Darke	Haverhill RC	17	F	18 F 45-49	2:28:44.4	2:29:26.2	11:30/M
514	Nicole Murray		226	F	65 F 0-34	2:29:09.4	2:29:44.3	11:31/M
515	Dean Derouich		328	M	154 M 0-39	2:28:53.4	2:29:44.8	11:31/M
516	Sadie Taylor		193	F	20 F 40-44	2:29:30.4	2:29:47.1	11:31/M
517	Carolyn Baines		482	F	19 F 45-49	2:30:08.0	2:31:09.4	11:38/M
518	Joanna Raskin		384	F	21 F 40-44	2:30:38.1	2:31:38.5	11:40/M
519	James Warth	St Radegund RDC-na	782	M	155 M 0-39	2:31:11.4	2:31:52.5	11:41/M
520	Ian Woodroffe	Newmarket Joggers	119	M	9 M 65-69	2:31:13.2	2:32:06.0	11:42/M
521	Sheila Clark		705	F	13 F 50-54	2:31:13.6	2:32:12.1	11:42/M
522	Bryony Morgan		273	F	66 F 0-34	2:31:43.9	2:32:19.3	11:43/M
523	Marga Van Beurden		87	F	14 F 50-54	2:32:39.6	2:32:59.8	11:46/M
524	Alan Hill		581	M	11 M 60-64	2:32:17.5	2:33:13.9	11:47/M
525	Richard Holborn		421	M	63 M 45-49	2:32:57.5	2:33:25.5	11:48/M
526	Mary Wilcox		784	F	35 F 35-39	2:33:02.0	2:33:37.8	11:49/M
527	Sharon Howlett	Longstanton Limpers	351	F	22 F 40-44	2:32:40.3	2:33:40.8	11:49/M
528	Andrew Cunningham		410	M	60 M 40-44	2:33:26.4	2:33:42.9	11:49/M
529	Simon Haffenden	Haverhill RC	587	M	44 M 50-54	2:33:20.3	2:34:00.9	11:51/M
530	Geoffrey Brash-Hall		801	M	10 M 65-69	2:33:05.6	2:34:04.1	11:51/M
531	Paul Taylor		362	M	64 M 45-49	2:33:25.3	2:34:24.5	11:53/M
532	David Howard	Witham RC	693	M	21 M 55-59	2:33:53.8	2:34:38.9	11:54/M
533	Chris Burrows		314	M	65 M 45-49	2:34:44.1	2:35:35.9	11:58/M
534	Joan Nevin	Haverhill RC	606	F	4 F 60-64	2:35:12.3	2:35:54.9	12:00/M
535	Louise Kavanagh-Dixon		735	F	36 F 35-39	2:36:41.2	2:37:20.4	12:06/M
536	Jo Grainger		301	F	23 F 40-44	2:36:27.6	2:37:21.6	12:06/M
537	Suzanne Block	Yaxley Runners	578	F	20 F 45-49	2:36:31.0	2:37:32.3	12:07/M
538	Paul Garvey		236	M	22 M 55-59	2:38:09.5	2:38:25.1	12:11/M
539	Gillian Plowman		144	F	24 F 40-44	2:38:46.9	2:39:47.2	12:17/M
540	Sandi Bedford		145	F	21 F 45-49	2:38:46.8	2:39:47.2	12:17/M
541	Diana Robinson		779	F	15 F 50-54	2:39:00.5	2:39:47.8	12:17/M
542	Gill Owen		768	F	5 F 55-59	2:40:08.7	2:40:52.3	12:22/M
543	Yvonne Taylor	Grantham RC	669	F	16 F 50-54	2:41:00.7	2:41:11.3	12:24/M
544	Emma Cassey	Hunts AC	643	F	67 F 0-34	2:40:24.3	2:41:13.6	12:24/M
545	Signe Gundersen		593	F	37 F 35-39	2:40:55.9	2:41:37.3	12:26/M
546	Karina Prasad		61	F	22 F 45-49	2:41:17.5	2:42:05.7	12:28/M
547	Katie Dennis		264	F	68 F 0-34	2:43:34.5	2:44:10.7	12:38/M
548	Halam Rose	Longstanton Limpers	353	M	66 M 45-49	2:43:48.9	2:44:50.5	12:41/M
549	Amanda Norman		309	F	23 F 45-49	2:44:13.7	2:45:14.7	12:43/M
550	Leanne Seymour		799	F	69 F 0-34	2:44:28.5	2:45:19.7	12:43/M
551	Dan Ainscow		235	M	156 M 0-39	2:44:25.3	2:45:24.8	12:43/M
552	Brian Judkins	North Herts RR	524	M	23 M 55-59	2:45:13.8	2:46:08.9	12:47/M
553	Karen Enright		337	F	70 F 0-34	2:46:00.6	2:46:28.5	12:48/M
554	Denise Clark		627	F	24 F 45-49	2:45:51.1	2:46:42.0	12:49/M

