

Grunty Fen Half Marathon

Sunday 13th September 2009

Results in finish order - All Men and Women Competitors

| Place | Time | Name | Club | Category | Ctg Rank | Age Grading % | Race No |
|-------|---------|-----------------------|-----------------------|----------|----------|---------------|---------|
| 1 | 1:10:43 | Neil Addison | Shaftesbury | M | | C 84.35 | 357 |
| 2 | 1:11:03 | Adrian Mussett | Colchester Harriers | M | | 84.32 | 470 |
| 3 | 1:12:59 | Chris Sellens | Colchester Harriers | M | | 82.11 | 272 |
| 4 | 1:13:22 | Gavin Davies | Ipswich Jaffa RC | M | | 81.38 | 352 |
| 5 | 1:15:06 | Eric Phillips | | M | | 79.43 | 559 |
| 6 | 1:15:27 | Maz Firouzi | Cambridge Tri Club | M | | 79.06 | 199 |
| 7 | 1:15:49 | Paul Halford | Werrington Joggers | M | | C 78.68 | 188 |
| 8 | 1:16:29 | Lieven Huang | | M | | 78.06 | 365 |
| 9 | 1:16:34 | Charles Wartnaby | | M | | C 79.33 | 370 |
| 10 | 1:16:51 | Vincent Williams | St Albans Striders | MV45 | 1 | 83.16 | 401 |
| 11 | 1:18:36 | John Herbert | Werrington Joggers | M | | C 77.28 | 440 |
| 12 | 1:18:48 | Stuart Cragg | Louth AC | M | | 76.03 | 527 |
| 13 | 1:19:08 | Steven Prosser | Bishop's Stortford RC | M | | 75.38 | 429 |
| 14 | 1:19:09 | Edward Samuel | London Heathside | M | | 75.36 | 374 |
| 15 | 1:19:14 | Robert Watson | C&C AC | MV45 | 2 | 82.54 | 102 |
| 16 | 1:19:19 | Simon Markley | Thomas Cook RRC | M | | C 75.21 | 516 |
| 17 | 1:19:40 | Stuart Holmes | St Radegund RDC | MV45 | 3 | C 79.62 | 22 |
| 18 | 1:20:16 | Christopher Tilbrook | St Albans Striders | MV40 | 1 | 76.21 | 498 |
| 19 | 1:20:31 | Jennie Roberts | Colchester Harriers | F | | 81.72 | 366 |
| 20 | 1:20:42 | Paul Helliwell | Colchester Harriers | MV40 | 2 | 76.35 | 434 |
| 21 | 1:21:22 | Liam Richardson | CU Hare & Hounds | M | | C 73.85 | 158 |
| 22 | 1:21:27 | Peter Scrowther | North Herts RR | MV45 | 4 | 78.47 | 262 |
| 23 | 1:21:41 | David Wright | Colchester Harriers | MV50 | 1 | 81.35 | 521 |
| 24 | 1:22:46 | Ian Marshall | Hunts AC | M | | C 72.07 | 411 |
| 25 | 1:23:23 | Michael Moore | Werrington Joggers | M | | 71.85 | 159 |
| 26 | 1:23:45 | Dale Reeve | | M | | 71.22 | 136 |
| 27 | 1:23:55 | William Winter | St Radegund RDC | M | | 71.21 | 113 |
| 28 | 1:23:58 | Andy Collier | CU Hare & Hounds | M | | 71.43 | 449 |
| 29 | 1:24:07 | Dan Vajzovic | Riverside Runners | M | | C 70.91 | 217 |
| 30 | 1:24:13 | Chris Lazenby | Wootton RR | M | | 71.29 | 383 |
| 31 | 1:24:17 | Dave Lazenby | Wootton RR | M | | 71.23 | 384 |
| 32 | 1:24:38 | Christopher Dunn | Werrington Joggers | M | | C 71.69 | 311 |
| 33 | 1:24:47 | David Johnson | C&C AC | M | | C 70.36 | 46 |
| 34 | 1:24:47 | Martin Stevens | Werrington Joggers | M | | 70.36 | 380 |
| 35 | 1:25:00 | Martin Simpson | | M | | 70.70 | 427 |
| 36 | 1:25:06 | Dave Rayment | Thomas Cook RRC | M | | C 70.89 | 433 |
| 37 | 1:25:25 | Graham Moore | | MV45 | 5 | C 75.39 | 466 |
| 38 | 1:25:36 | Allan Harrison | Wootton RR | MV50 | 2 | 77.00 | 385 |
| 39 | 1:25:41 | Steve Cumley | Bournville Harriers | M | | 69.62 | 310 |
| 40 | 1:25:44 | Mark Skelly | Blackheath & Bromley | MV40 | 3 | 71.86 | 253 |
| 41 | 1:26:11 | Carl James | | M | | C 69.21 | 520 |
| 42 | 1:26:34 | Webber Forbes | St Radegund RDC | M | | C 69.48 | 232 |
| 43 | 1:26:41 | Nigel Coates | Saffron Striders | MV45 | 6 | 75.45 | 65 |
| 44 | 1:26:46 | Dean Morley | Serpentine RC | MV40 | 4 | 72.57 | 225 |
| 45 | 1:26:46 | Sarah Ivory | Colchester Harriers | F | | 76.33 | 409 |
| 46 | 1:27:13 | Jack Lawlor-anderson | St Radegund RDC | M | | C 68.90 | 477 |
| 47 | 1:27:55 | Brian Munns | Newmarket Joggers | MV45 | 7 | 72.70 | 462 |
| 48 | 1:27:57 | John Richmond | Bushfield Joggers | M | | C 67.82 | 275 |
| 49 | 1:28:00 | Elinor Scott richmond | Werrington Joggers | F | | C 74.91 | 276 |

| Place | Time | Name | Club | Category | Ctg Rank | | Age Grading % | Race No |
|-------|---------|---------------------|-------------------------|----------|----------|---|---------------|---------|
| 50 | 1:28:15 | Dave Timney | St Radegund RDC | MV40 | 5 | C | 69.32 | 351 |
| 51 | 1:28:21 | Kevin Peters | | MV40 | 6 | | 69.24 | 131 |
| 52 | 1:28:22 | Paul De kort | | MV45 | 8 | | 72.88 | 117 |
| 53 | 1:28:34 | Sean Barker | Hunts AC | MV40 | 7 | C | 70.58 | 86 |
| 54 | 1:28:37 | Valery Amouroux | | M | | | 67.31 | 340 |
| 55 | 1:28:41 | James Walsh | North Herts RR | MV40 | 8 | | 68.98 | 348 |
| 56 | 1:30:09 | Jerome Metayer | | M | | | 66.17 | 110 |
| 57 | 1:30:25 | Daniel Aguilar-agon | | MV45 | 9 | | 70.69 | 381 |
| 58 | 1:30:48 | Chris Howell | St Radegund RDC | M | | C | 66.44 | 309 |
| 59 | 1:30:52 | Ray Butler | Bishop's Stortford RC | M | | | 65.65 | 112 |
| 60 | 1:30:52 | Simon Boothby | Riverside Runners | MV40 | 9 | | 69.30 | 37 |
| 61 | 1:30:55 | Paul Needham | Ely Runners | MV50 | 3 | C | 73.69 | 152 |
| 62 | 1:30:56 | Yvonne Scarrott | Nene Valley Harriers | FV40 | 1 | | 76.17 | 420 |
| 63 | 1:31:20 | Debbie Cattermole | Colchester Harriers | FV45 | 1 | | 78.46 | 522 |
| 64 | 1:31:22 | Graham Hollowell | Wootton RR | MV40 | 10 | | 68.41 | 347 |
| 65 | 1:31:47 | Jane Chappell | North Herts RR | FV40 | 2 | | 74.24 | 285 |
| 66 | 1:31:51 | Samuel Grace | The Bishops Of Ely | M | | | 65.06 | 548 |
| 67 | 1:32:02 | Terry Epps | Wyndham AC | MV55 | 1 | | 74.63 | 400 |
| 68 | 1:32:03 | Louis Peek | | M | | | 65.28 | 542 |
| 69 | 1:32:07 | Raymond Woodruff | Ramsey Road Runners | MV55 | 2 | | 75.22 | 175 |
| 70 | 1:32:35 | Andy Long | St Radegund RDC | M | | C | 64.67 | 545 |
| 71 | 1:32:36 | Karen Donnor | | FV45 | 2 | | 77.38 | 535 |
| 72 | 1:32:47 | Stephane Toussenet | Saffron Striders | M | | | 64.57 | 530 |
| 73 | 1:32:54 | Christopher Russon | St Radegund RDC | MV55 | 3 | | 74.59 | 70 |
| 74 | 1:33:04 | Richard Farmer | | M | | | 64.45 | 549 |
| 75 | 1:33:06 | Darren Smith | Ryston Runners | M | | | 65.17 | 546 |
| 76 | 1:33:11 | Fiona Tideswell | Saffron Striders | FV35 | 1 | C | 70.61 | 53 |
| 77 | 1:33:12 | Ben Tarlow | | M | | | 64.00 | 177 |
| 78 | 1:33:26 | Conrad Stroud | St Radegund RDC | M | | | 63.84 | 394 |
| 79 | 1:33:28 | Alexander Doney | St Radegund RDC | MV45 | 10 | | 69.43 | 277 |
| 80 | 1:33:29 | Adrian Fell | Harlow RC | MV40 | 11 | | 65.91 | 418 |
| 81 | 1:33:49 | Sam Barr | C&C AC | M | | C | 63.86 | 87 |
| 82 | 1:34:01 | Richard Silveira | | M | | | 63.68 | 226 |
| 83 | 1:34:04 | Tom Holbird | | M | | | 63.41 | 457 |
| 84 | 1:34:08 | Rodney Hall | Werrington Joggers | MV40 | 12 | C | 65.92 | 208 |
| 85 | 1:34:10 | Stuart Sharp | | M | | | 63.46 | 389 |
| 86 | 1:34:27 | Gregory Hart | Bishop's Stortford RC | MV50 | 4 | | 70.93 | 322 |
| 87 | 1:34:28 | Owen Leyland | | MV40 | 13 | | 64.76 | 153 |
| 88 | 1:34:31 | David Mould | Bushfield Joggers | MV40 | 14 | | 66.13 | 12 |
| 89 | 1:34:35 | Lee French | Bushfield Joggers | M | | | 63.07 | 249 |
| 90 | 1:34:43 | Edward Colby | St Radegund RDC | M | | | 64.13 | 523 |
| 91 | 1:34:49 | Ruth Jones | Nene Valley Harriers | F | | C | 69.46 | 265 |
| 92 | 1:34:50 | Louise Staunton | Ipswich Jaffa RC | F | | | 69.39 | 421 |
| 93 | 1:34:54 | Andrew Hall | Werrington Joggers | MV40 | 15 | C | 66.35 | 301 |
| 94 | 1:35:02 | Catherine Bounds | CU Hare & Hounds | F | | | 69.69 | 375 |
| 95 | 1:35:04 | Howard Fairbank | | MV50 | 5 | | 70.47 | 194 |
| 96 | 1:35:08 | Darren Moat | March AC | M | | C | 62.97 | 163 |
| 97 | 1:35:10 | John c Thomas | Corby AC | MV65 | 1 | | 82.96 | 119 |
| 98 | 1:35:15 | Neil Martin | Thomas Cook RRC | M | | C | 63.33 | 459 |
| 99 | 1:35:17 | Rob Carter | | M | | | 62.60 | 550 |
| 100 | 1:35:24 | Francis Cooke | March AC | FV50 | 1 | | 79.31 | 562 |
| 101 | 1:35:34 | John Harvey | | MV50 | 6 | | 68.97 | 422 |
| 102 | 1:35:34 | Anders Akerlund | Multisportlaget, Sweden | M | | | 62.42 | 436 |
| 103 | 1:35:36 | Todd Mize | | MV45 | 11 | | 67.36 | 64 |
| 104 | 1:35:39 | Simon Gilbey | Werrington Joggers | MV40 | 16 | C | 65.83 | 132 |

| Place | Time | Name | Club | Category | Ctg Rank | Age Grading % | Race No |
|-------|---------|----------------------|-----------------------|----------|----------|---------------|---------|
| 105 | 1:35:42 | Claire Waters | Saffron Striders | FV35 | 2 | 70.07 | 534 |
| 106 | 1:35:52 | John Nichol | Bishop's Stortford RC | MV40 | 17 | 63.81 | 270 |
| 107 | 1:35:54 | Jeremy Johnson | St Radegund RDC | MV40 | 18 | 64.25 | 558 |
| 108 | 1:35:54 | Hannah Cooke | St Radegund RDC | F | | C 68.68 | 40 |
| 109 | 1:36:09 | Christopher Burgess | Eye Community Runners | MV55 | 4 | C 72.06 | 442 |
| 110 | 1:36:19 | Timothy Kelly | Bishop's Stortford RC | MV50 | 7 | 70.71 | 165 |
| 111 | 1:36:33 | Andrew Nichols | | M | | 61.78 | 486 |
| 112 | 1:36:34 | Maire Irlam | Fenland RC | FV40 | 3 | 72.94 | 345 |
| 113 | 1:36:39 | Stephen Radcliffe | | M | | C 61.72 | 227 |
| 114 | 1:36:41 | Chris Allan | Bishop's Stortford RC | M | | 62.83 | 151 |
| 115 | 1:36:51 | Ronald Penrose | | MV65 | 2 | 78.82 | 241 |
| 116 | 1:36:52 | Graham Snudden | | MV45 | 12 | 65.98 | 193 |
| 117 | 1:36:59 | Nigel Taylor | Corby AC | MV40 | 19 | 64.92 | 205 |
| 118 | 1:37:16 | Liam Mcfarlane | | M | | 61.90 | 541 |
| 119 | 1:37:16 | Gabriel Paternain | | MV45 | 13 | 65.21 | 140 |
| 120 | 1:37:18 | Ian Trowell | | MV50 | 8 | C 68.29 | 115 |
| 121 | 1:37:20 | Katie Samuelson-dean | C&C AC | F | | C 67.60 | 61 |
| 122 | 1:37:23 | Ed Dickinson | | M | | 62.82 | 474 |
| 123 | 1:37:34 | Gareth Powers | | M | | 61.14 | 531 |
| 124 | 1:37:38 | Andy Mitchell | | M | | 61.79 | 49 |
| 125 | 1:37:39 | Robert Dawson | | M | | 61.48 | 330 |
| 126 | 1:37:40 | Neil Williamson | | M | | 61.08 | 412 |
| 127 | 1:37:42 | Phil Barnes | Bushfield Joggers | M | | 61.11 | 248 |
| 128 | 1:37:46 | Chris Dimmock | Eye Community Runners | M | | C 62.13 | 209 |
| 129 | 1:37:59 | Ian Rodgers | Bishop's Stortford RC | MV40 | 20 | 63.79 | 286 |
| 130 | 1:38:02 | Richard Hole | Garden City Runners | MV50 | 9 | 67.78 | 147 |
| 131 | 1:38:14 | Paul Humphrey | | M | | 60.78 | 101 |
| 132 | 1:38:21 | David Enders | Witham RC | MV45 | 14 | 65.48 | 44 |
| 133 | 1:38:22 | Meinou Simmons | C&C AC | F | | 67.02 | 246 |
| 134 | 1:38:23 | Colin Fox | | MV40 | 21 | 62.18 | 479 |
| 135 | 1:38:24 | Shelley Wray | Witham RC | FV40 | 4 | 69.25 | 43 |
| 136 | 1:38:38 | Shirish Gandhi | | MV40 | 22 | 62.92 | 428 |
| 137 | 1:38:48 | Sam Thompson | Bishops Of Ely | M | | 60.49 | 510 |
| 138 | 1:38:49 | Peter Knipe | | M | | 60.76 | 454 |
| 139 | 1:38:53 | Justin Rabett | Herne Hill Harriers | MV45 | 15 | 64.15 | 364 |
| 140 | 1:38:55 | David Hood | Fenland RC | MV45 | 16 | 66.12 | 346 |
| 141 | 1:39:00 | Barry Bye | Ryston Runners | MV60 | 1 | C 73.27 | 465 |
| 142 | 1:39:01 | Wendy Jones | | FV40 | 5 | 70.54 | 27 |
| 143 | 1:39:18 | Olly Slater | Nene Valley Harriers | M | | 60.40 | 336 |
| 144 | 1:39:19 | Dave Hudson | | MV50 | 10 | 66.37 | 179 |
| 145 | 1:39:20 | Steve Blomfield | | MV40 | 23 | 63.39 | 315 |
| 146 | 1:39:24 | Syndiah Culit | C&C AC | F | | 66.20 | 438 |
| 147 | 1:39:25 | Stephen Stretton | | M | | C 60.00 | 250 |
| 148 | 1:39:26 | Daniel Dodson | St Radegund RDC | M | | 59.99 | 25 |
| 149 | 1:39:38 | Ursula White | Newmarket Joggers | F | | C 66.04 | 148 |
| 150 | 1:39:49 | Katie Herrington | Harlow RC | F | | 66.35 | 210 |
| 151 | 1:39:49 | Grahame Thomas | Harlow RC | MV45 | 17 | 64.52 | 170 |
| 152 | 1:40:00 | Timothy Fearnett | | M | | 60.20 | 540 |
| 153 | 1:40:01 | Lawrie Carter | | M | | 60.14 | 42 |
| 154 | 1:40:15 | Sandra Daniels | Bishop's Stortford RC | FV45 | 3 | 70.86 | 178 |
| 155 | 1:40:25 | Gary Townsend | | MV45 | 18 | 65.13 | 350 |
| 156 | 1:40:26 | Andrea Badolato | | F | | 65.58 | 339 |
| 157 | 1:40:37 | Tim Mamtora | | M | | 59.50 | 207 |
| 158 | 1:40:40 | Ian Vallance | Yaxley Runners | M | | 59.26 | 506 |
| 159 | 1:40:43 | Alan Shand | Newmarket Joggers | MV50 | 11 | 67.62 | 138 |

| Place | Time | Name | Club | Category | Ctg Rank | Age Grading % | Race No |
|-------|---------|-----------------------|-----------------------|----------|----------|---------------|---------|
| 160 | 1:40:43 | Sunanda Minarikova | SCMT | FV35 | 3 | 65.33 | 475 |
| 161 | 1:40:49 | Marie Hockley | Bishop's Stortford RC | FV45 | 4 | 71.08 | 318 |
| 162 | 1:40:57 | Colin Gauld-clark | Bishop's Stortford RC | MV60 | 2 | 71.85 | 283 |
| 163 | 1:41:00 | Gary Wright | | MV40 | 24 | 61.44 | 415 |
| 164 | 1:41:06 | Peter German | Hunts AC | MV55 | 5 | C 68.54 | 129 |
| 165 | 1:41:12 | Steve Dunn | | MV40 | 25 | 60.88 | 220 |
| 166 | 1:41:13 | Graham Gidney | | M | | 58.93 | 473 |
| 167 | 1:41:16 | Robert Mackenzie | | MV60 | 3 | 73.80 | 266 |
| 168 | 1:41:25 | Rod Mcdonald | Werrington Joggers | MV50 | 12 | C 65.52 | 196 |
| 169 | 1:41:27 | Barrie gordon Barrett | Bushfield Joggers | MV55 | 6 | 70.16 | 403 |
| 170 | 1:41:33 | Alastair Meredith | | M | | 59.01 | 493 |
| 171 | 1:41:52 | Paul Cook | | M | | 58.81 | 396 |
| 172 | 1:41:53 | Chris Metcalfe | St Radegund RDC | M | | 58.55 | 23 |
| 173 | 1:42:09 | Ray Cole | Thomas Cook RRC | MV50 | 13 | C 65.58 | 419 |
| 174 | 1:42:14 | Alan Humes | Hunts AC | MV50 | 14 | 65.53 | 71 |
| 175 | 1:42:30 | Paul Dunn | Werrington Joggers | M | | 58.73 | 355 |
| 176 | 1:42:39 | Alastair Grant | St Radegund RDC | MV40 | 26 | 60.02 | 139 |
| 177 | 1:42:43 | Henry Ward | | M | | 59.07 | 60 |
| 178 | 1:42:45 | Sarah Airey | St Radegund RDC | F | | 64.04 | 98 |
| 179 | 1:42:48 | Andrew Enticknap | Hunts AC | MV40 | 27 | 59.51 | 197 |
| 180 | 1:43:20 | Jim Withers | Newmarket Joggers | MV55 | 7 | 66.47 | 456 |
| 181 | 1:43:27 | Robert Stenton | | MV45 | 19 | 62.73 | 244 |
| 182 | 1:43:33 | Anthony Hutchinson | | M | | 57.61 | 445 |
| 183 | 1:43:38 | Christopher Stapleton | Bushfield Joggers | MV55 | 8 | C 68.69 | 373 |
| 184 | 1:43:46 | Andrew Mcglashan | | M | | 57.59 | 447 |
| 185 | 1:43:57 | Andrew Herne | C&C AC | MV50 | 15 | C 63.41 | 257 |
| 186 | 1:44:00 | Terry Downing | | MV55 | 9 | 66.04 | 218 |
| 187 | 1:44:05 | Graham Statter | Bishop's Stortford RC | MV50 | 16 | 63.84 | 279 |
| 188 | 1:44:13 | Ian Burch | | MV45 | 20 | 61.33 | 234 |
| 189 | 1:44:18 | Mark Galbraith | | M | | 57.44 | 239 |
| 190 | 1:44:22 | Laurence Weir | | M | | 57.37 | 195 |
| 191 | 1:44:27 | Lesley Wright | | FV40 | 6 | 66.87 | 203 |
| 192 | 1:44:27 | Peter Golden | Rutland Runners | MV40 | 28 | 60.28 | 439 |
| 193 | 1:44:32 | David Grassham | | M | | 57.33 | 213 |
| 194 | 1:44:34 | Garry Seddon | | M | | 57.05 | 425 |
| 195 | 1:44:35 | Judith Thomas | Werrington Joggers | FV50 | 2 | 71.66 | 321 |
| 196 | 1:44:38 | Claire Wernick | | F | | 63.06 | 504 |
| 197 | 1:44:38 | Ben Wernick | | M | | 57.01 | 503 |
| 198 | 1:44:44 | Karen Clark | | FV35 | 4 | 64.54 | 130 |
| 199 | 1:44:47 | Caroline Davis | | F | | 62.80 | 538 |
| 200 | 1:44:48 | Kelly Page | Serpentine RC | FV35 | 5 | 62.79 | 228 |
| 201 | 1:44:53 | Susannah Rush | | FV40 | 7 | 65.50 | 413 |
| 202 | 1:44:54 | Peter Allen | Bishop's Stortford RC | MV50 | 17 | 64.39 | 201 |
| 203 | 1:45:03 | Alec Hawkes | St Radegund RDC | MV60 | 4 | C 69.73 | 10 |
| 204 | 1:45:40 | Richard Willis | | M | | 56.45 | 417 |
| 205 | 1:45:41 | Richard Marley | | MV45 | 21 | 60.02 | 237 |
| 206 | 1:45:43 | David Wright | | MV45 | 22 | 60.92 | 202 |
| 207 | 1:45:56 | Karen Patterson | March AC | FV35 | 6 | 63.30 | 72 |
| 208 | 1:46:09 | Mike Lee | St Radegund RDC | M | | 56.40 | 557 |
| 209 | 1:46:17 | Adrian Palmer | | MV40 | 29 | 57.97 | 184 |
| 210 | 1:46:28 | Fiona Sutherland | Bishop's Stortford RC | FV50 | 3 | 71.06 | 368 |
| 211 | 1:46:38 | Matt Corroboy | | M | | 55.94 | 106 |
| 212 | 1:46:42 | Paul Rhatigan | St Radegund RDC | M | | 56.06 | 377 |
| 213 | 1:46:46 | Tony Kirby-cook | | MV40 | 30 | 58.98 | 544 |
| 214 | 1:46:47 | Gertrud Porter | Metros | FV60 | 1 | 76.81 | 90 |

| Place | Time | Name | Club | Category | Ctg Rank | Age Grading % | Race No | |
|-------|---------|-------------------|-----------------------|----------|----------|---------------|---------|-----|
| 215 | 1:46:50 | Mark Verheyden | St Radegund RDC | MV40 | 31 | 57.67 | 332 | |
| 216 | 1:46:55 | Billy Fox | | MV45 | 23 | 61.17 | 502 | |
| 217 | 1:47:03 | David Hargreaves | | M | | 55.72 | 496 | |
| 218 | 1:47:04 | Gordon Bell | | M | | 55.71 | 536 | |
| 219 | 1:47:04 | Anna Bell | | F | | 61.46 | 543 | |
| 220 | 1:47:14 | Giammarco Papi | | M | | 55.63 | 450 | |
| 221 | 1:47:17 | Claire Piercy | Yaxley Runners | FV35 | 7 | C | 62.01 | 518 |
| 222 | 1:47:27 | Gary Rilla | St Radegund RDC | M | | 55.51 | 511 | |
| 223 | 1:47:49 | Chris Dawber | | M | | 55.95 | 118 | |
| 224 | 1:47:51 | Richard Braund | St Radegund RDC | MV55 | 10 | | 65.41 | 393 |
| 225 | 1:47:59 | Ronan Lambe | | M | | 55.29 | 338 | |
| 226 | 1:48:11 | Mark Addley | | M | | 55.19 | 297 | |
| 227 | 1:48:11 | Adam Brown | | M | | 55.14 | 399 | |
| 228 | 1:48:12 | David Mcneish | | M | | 55.64 | 216 | |
| 229 | 1:48:12 | Chris Gill | | M | | 55.64 | 392 | |
| 230 | 1:48:14 | Clive Purbrook | | MV50 | 18 | | 62.41 | 307 |
| 231 | 1:48:19 | Susan Chadwick | | FV40 | 8 | | 63.95 | 26 |
| 232 | 1:48:21 | Sally Valentine | Yaxley Runners | F | | | 60.73 | 331 |
| 233 | 1:48:21 | James Ryan | | MV60 | 5 | | 68.98 | 15 |
| 234 | 1:48:29 | Philip Holbird | | M | | 55.24 | 458 | |
| 235 | 1:48:36 | Sally Gillam | Ilford AC | FV45 | 5 | | 65.98 | 173 |
| 236 | 1:48:37 | Colin Hewes | UKNetrunner | MV55 | 11 | | 63.23 | 395 |
| 237 | 1:48:39 | Vikki Green | C&C AC | FV50 | 4 | C | 70.30 | 154 |
| 238 | 1:48:45 | Jim Chandler | Ramsey Road Runners | MV60 | 6 | C | 66.05 | 305 |
| 239 | 1:48:46 | Mike Francis | | M | | 54.99 | 539 | |
| 240 | 1:48:50 | Jesse james Green | St Radegund RDC | M | | 54.81 | 85 | |
| 241 | 1:48:51 | Adrian Barbrook | Bishops Of Ely | M | | 55.42 | 264 | |
| 242 | 1:48:52 | Neil Deacon | | M | | 55.10 | 304 | |
| 243 | 1:48:54 | Andrew Caress | Nene Valley Harriers | MV40 | 32 | | 57.82 | 137 |
| 244 | 1:48:56 | David Brown | | MV40 | 33 | | 57.38 | 55 |
| 245 | 1:49:02 | Julie Ferris | Mercia Fell Runners | FV40 | 9 | | 63.53 | 426 |
| 246 | 1:49:06 | Keith Grimwade | | MV50 | 19 | | 61.40 | 28 |
| 247 | 1:49:08 | Cliff Lear | Thetford AC | MV40 | 34 | | 57.70 | 267 |
| 248 | 1:49:11 | Michael Munro | BRJ RRC Huntingdon | M | | 55.63 | 192 | |
| 249 | 1:49:12 | Adam Dawson | | M | | 54.63 | 314 | |
| 250 | 1:49:19 | Paul Carroll | | MV45 | 24 | | 58.46 | 404 |
| 251 | 1:49:25 | Debbie Hornsby | Nene Valley Harriers | FV40 | 10 | | 62.79 | 405 |
| 252 | 1:49:26 | Jonathan Smith | | M | | 54.56 | 343 | |
| 253 | 1:49:27 | David Grace | The Bishops Of Ely | MV55 | 12 | | 63.87 | 382 |
| 254 | 1:49:31 | Mike Hurst | | M | | 55.47 | 69 | |
| 255 | 1:49:31 | Jamie Davies | | MV50 | 20 | | 60.18 | 349 |
| 256 | 1:49:47 | Andrew Ede | St Radegund RDC | MV40 | 35 | | 57.36 | 9 |
| 257 | 1:49:58 | Lewis Bradshaw | | M | | 54.24 | 371 | |
| 258 | 1:49:58 | Robert Haggart | | MV50 | 21 | | 60.43 | 161 |
| 259 | 1:50:10 | Jane Molloy | | FV40 | 11 | | 63.40 | 126 |
| 260 | 1:50:27 | David Young | Stopsley Striders | MV55 | 13 | | 62.73 | 312 |
| 261 | 1:50:31 | Jim Kelly | | MV45 | 25 | | 57.83 | 5 |
| 262 | 1:50:38 | James Carter | Werrington Joggers | M | | 54.02 | 446 | |
| 263 | 1:50:42 | Anthony Smith | | M | | 53.88 | 410 | |
| 264 | 1:50:43 | Mike Wright | Eye Community Runners | MV40 | 36 | C | 56.87 | 517 |
| 265 | 1:50:46 | Bernie Molloy | | MV45 | 26 | | 57.70 | 125 |
| 266 | 1:50:58 | Sarah Mayne | Mornington Chasers | FV45 | 6 | | 64.02 | 378 |
| 267 | 1:50:59 | Alex Sutherland | Mornington Chasers | MV45 | 27 | | 58.03 | 379 |
| 268 | 1:51:00 | Duncan Marriott | | MV50 | 22 | | 60.85 | 468 |
| 269 | 1:51:09 | Ray Everton | Werrington Joggers | MV40 | 37 | C | 55.04 | 391 |

| Place | Time | Name | Club | Category | Ctg Rank | Age Grading % | Race No |
|-------|---------|-------------------|-----------------------|----------|----------|---------------|---------|
| 270 | 1:51:18 | Anita Mussett | Colchester Harriers | FV35 | 8 | 60.73 | 471 |
| 271 | 1:51:23 | Andy Ward | Stopsley Striders | MV60 | 7 | 65.77 | 306 |
| 272 | 1:51:25 | Anna Chenery | | F | | 59.33 | 443 |
| 273 | 1:51:29 | Sean Marriott | | M | | 53.51 | 467 |
| 274 | 1:51:30 | Sue Harlow | Yaxley Runners | F | | 59.01 | 497 |
| 275 | 1:51:31 | Jake Taylor | | M | | 53.99 | 532 |
| 276 | 1:51:36 | Anne Davies | Wimbledon Windmilers | FV45 | 7 | 64.77 | 416 |
| 277 | 1:51:37 | Tamsin Knight | St Radegund RDC | FV35 | 9 | 59.60 | 519 |
| 278 | 1:51:39 | Mark Crack | | MV45 | 28 | 56.81 | 19 |
| 279 | 1:51:48 | Susan Williams | Yaxley Runners | FV40 | 12 | 61.96 | 372 |
| 280 | 1:51:49 | Neil Farrow | Yaxley Runners | M | | 53.58 | 324 |
| 281 | 1:52:18 | Michaela Gillett | | FV35 | 10 | 59.24 | 501 |
| 282 | 1:52:18 | Clinton Gillett | | M | | 53.35 | 500 |
| 283 | 1:52:22 | Mark Johnson | | MV40 | 38 | 55.23 | 73 |
| 284 | 1:52:26 | Yvonne Goodsell | Eye Community Runners | FV40 | 13 | C 61.61 | 513 |
| 285 | 1:52:26 | Carol White | | FV45 | 8 | 63.18 | 169 |
| 286 | 1:52:32 | Richard Sharpe | Thorney RC | MV45 | 29 | 56.37 | 407 |
| 287 | 1:52:32 | Tim Cook | Werrington Joggers | MV45 | 30 | C 58.12 | 254 |
| 288 | 1:52:33 | Mick Cox | Werrington Joggers | M | | C 53.00 | 16 |
| 289 | 1:52:34 | Terry Potter | | MV50 | 23 | 59.03 | 509 |
| 290 | 1:52:37 | Julie Mcgreal | Royston Runners | FV55 | 1 | 72.06 | 367 |
| 291 | 1:52:39 | Josephine Roberts | | FV50 | 5 | 65.91 | 469 |
| 292 | 1:52:41 | Stephen Blackmore | | MV45 | 31 | 58.04 | 388 |
| 293 | 1:52:58 | Lucy Battersby | | F | | 58.41 | 290 |
| 294 | 1:53:26 | Cheryl Chapman | Fenland RC | FV40 | 14 | 60.56 | 273 |
| 295 | 1:53:38 | Mike Difranco | C&C AC | MV45 | 32 | 56.67 | 547 |
| 296 | 1:53:38 | Mark Oxenham | | MV40 | 39 | 53.83 | 444 |
| 297 | 1:53:44 | Miriam Archer | St Radegund RDC | F | | 58.07 | 554 |
| 298 | 1:53:52 | Adrian Peirson | City Of Hull AC | MV40 | 40 | 53.72 | 242 |
| 299 | 1:53:57 | Jose Perez | | M | | 52.35 | 505 |
| 300 | 1:54:06 | Laura Frost | St Radegund RDC | F | | 57.99 | 555 |
| 301 | 1:54:10 | Michael Judkins | | MV55 | 14 | 60.16 | 472 |
| 302 | 1:54:17 | William Furness | St Radegund RDC | M | | 52.20 | 52 |
| 303 | 1:54:19 | Debbie Ghant | Stowmarket Striders | FV40 | 15 | 61.10 | 414 |
| 304 | 1:54:41 | John Baker | Bishop's Stortford RC | MV55 | 15 | 62.07 | 335 |
| 305 | 1:54:44 | Adrian Snook | March AC | MV45 | 33 | 55.29 | 464 |
| 306 | 1:54:50 | Mandy Tropeano | Eye Community Runners | FV40 | 16 | C 61.34 | 492 |
| 307 | 1:54:55 | Damien Vickers | | M | | 51.91 | 108 |
| 308 | 1:55:01 | Jane Greenwood | Fenland RC | FV50 | 6 | 67.05 | 328 |
| 309 | 1:55:02 | Barry Clarke | Nene Valley Harriers | MV60 | 8 | 64.32 | 499 |
| 310 | 1:55:19 | Mark Misseldine | | MV40 | 41 | 54.21 | 21 |
| 311 | 1:55:30 | Nick Grange | | M | | 51.65 | 145 |
| 312 | 1:55:30 | Laura Steavenson | Realbuzz.Com | F | | 57.18 | 150 |
| 313 | 1:55:48 | Laura jane Michie | St Radegund RDC | F | | 57.19 | 114 |
| 314 | 1:55:56 | Cliff Moore | | MV65 | 3 | C 65.12 | 221 |
| 315 | 1:56:00 | Dave Stone | | MV45 | 34 | 54.68 | 280 |
| 316 | 1:56:03 | John Vale | Newmarket Joggers | MV50 | 24 | 56.80 | 344 |
| 317 | 1:56:10 | Ivan Boldin-day | | M | | 51.35 | 526 |
| 318 | 1:56:11 | Heather Griffiths | Liams Mile | F | | 57.16 | 564 |
| 319 | 1:56:32 | John Eastgate | | MV40 | 42 | 52.87 | 278 |
| 320 | 1:56:33 | Gary Abel | St Radegund RDC | M | | 51.18 | 243 |
| 321 | 1:56:36 | Andy Wilson | | M | | 51.38 | 56 |
| 322 | 1:56:36 | Clare Young | | FV40 | 17 | 59.90 | 251 |
| 323 | 1:56:37 | Mathew Newins | | MV40 | 43 | 53.21 | 252 |
| 324 | 1:57:03 | Helen Griffiths | Liams Mile | FV45 | 9 | 61.76 | 563 |

| Place | Time | Name | Club | Category | Ctg Rank | Age Grading % | Race No |
|-------|---------|-------------------|-----------------------------|----------|----------|---------------|---------|
| 325 | 1:57:14 | Tony Britt | | MV50 | 25 | 57.62 | 431 |
| 326 | 1:57:21 | Simon Connolly | | MV40 | 44 | 52.50 | 34 |
| 327 | 1:57:29 | Karen Harmel | | FV35 | 11 | 56.63 | 14 |
| 328 | 1:57:33 | Rebecca Batchelor | | FV35 | 12 | 57.04 | 329 |
| 329 | 1:57:57 | Lisa Bailey | St Radegund RDC | FV35 | 13 | 57.31 | 127 |
| 330 | 1:58:11 | Stephen Bright | British Ath Supporters Club | MV45 | 35 | 54.08 | 281 |
| 331 | 1:58:32 | Martin Millicheap | Bushfield Joggers | MV55 | 16 | 60.05 | 406 |
| 332 | 1:58:39 | Vicky Berry | Royston Runners | FV45 | 10 | C 60.39 | 54 |
| 333 | 1:58:42 | John Shepherd | St Radegund RDC | MV60 | 9 | 61.11 | 325 |
| 334 | 1:58:56 | Nate Mortenson | St Radegund RDC | M | | 50.39 | 514 |
| 335 | 1:59:01 | Naomi Smith | | F | | 55.29 | 229 |
| 336 | 1:59:02 | Richard Scarrow | | M | | 50.20 | 32 |
| 337 | 1:59:08 | Martin Scarrow | | M | | 50.07 | 33 |
| 338 | 1:59:11 | Rachel Harker | St Radegund RDC | F | | 55.21 | 116 |
| 339 | 1:59:11 | Alison Webb | St Radegund RDC | FV45 | 11 | 61.74 | 363 |
| 340 | 1:59:12 | Gary Norman | Thorney RC | MV45 | 36 | C 54.44 | 204 |
| 341 | 1:59:15 | Louise Busby | Fenland RC | FV40 | 18 | 58.09 | 186 |
| 342 | 1:59:24 | Sean O'driscoll | Bushfield Joggers | MV50 | 26 | 55.20 | 260 |
| 343 | 1:59:31 | Anna Sedgbeer | | FV35 | 14 | 55.23 | 525 |
| 344 | 1:59:32 | Clare Clarke | | FV40 | 19 | 57.95 | 29 |
| 345 | 1:59:32 | Les Kingham | | MV45 | 37 | 54.71 | 68 |
| 346 | 1:59:39 | Richard Challis | | M | | 49.85 | 219 |
| 347 | 1:59:39 | Hannah Lingard | Bishops Of Ely | F | | 55.25 | 261 |
| 348 | 1:59:40 | Sally Boss | Bishops Of Ely | F | | 54.99 | 180 |
| 349 | 2:00:32 | Agnelo Carvalho | | MV60 | 10 | 60.78 | 353 |
| 350 | 2:00:32 | Sandie Jardine | Newmarket Joggers | FV45 | 12 | 59.97 | 79 |
| 351 | 2:00:35 | Hazel Brewin | Werrington Joggers | FV55 | 2 | C 67.30 | 214 |
| 352 | 2:00:35 | Eric Jeyes | Werrington Joggers | MV50 | 27 | C 56.48 | 81 |
| 353 | 2:00:46 | Steve Buckingham | Road Runners | MV55 | 17 | 58.41 | 167 |
| 354 | 2:00:50 | Tony Lack | Ramsey Road Runners | MV65 | 4 | C 65.34 | 342 |
| 355 | 2:00:54 | Joanne Oliver | | F | | 54.63 | 6 |
| 356 | 2:00:54 | Nicola Garrard | | FV35 | 15 | 55.91 | 7 |
| 357 | 2:00:59 | Richard Chalkley | | M | | 49.30 | 47 |
| 358 | 2:01:34 | John Mynott | | M | | 49.25 | 508 |
| 359 | 2:01:36 | Peter Bultz | | MV50 | 28 | 54.20 | 326 |
| 360 | 2:01:38 | Lorraine Ding | Werrington Joggers | FV40 | 20 | C 56.48 | 160 |
| 361 | 2:01:39 | Tanya Greenway | Werrington Joggers | FV40 | 21 | 57.42 | 190 |
| 362 | 2:02:32 | Mandy Bunn | Haverhill RC | FV40 | 22 | 55.61 | 360 |
| 363 | 2:02:33 | Gerard Smith | | MV45 | 38 | 51.76 | 298 |
| 364 | 2:02:34 | Lewis Lamb | | M | | 49.56 | 463 |
| 365 | 2:02:35 | John Murphy | | MV45 | 39 | 52.54 | 11 |
| 366 | 2:02:41 | Nick Power | | MV40 | 45 | 50.22 | 451 |
| 367 | 2:02:42 | James Rice | St Radegund RDC | M | | 48.66 | 553 |
| 368 | 2:02:49 | Michael Ayres | | MV55 | 18 | 56.42 | 390 |
| 369 | 2:02:55 | Stephen Cowell | March AC | MV50 | 29 | 55.41 | 48 |
| 370 | 2:03:03 | Daniel Hughes | | M | | 48.48 | 460 |
| 371 | 2:03:09 | Sally Spurr | | FV45 | 13 | 57.68 | 97 |
| 372 | 2:03:10 | Tim Spurr | | MV45 | 40 | 51.50 | 96 |
| 373 | 2:03:23 | Stephen Day | | MV50 | 30 | 54.75 | 529 |
| 374 | 2:04:15 | Page Janice | | FV45 | 14 | 57.67 | 495 |
| 375 | 2:04:26 | David Page | | MV45 | 41 | 51.36 | 494 |
| 376 | 2:04:44 | Sue Hargadon | Ipswich Tri Club | FV50 | 7 | 61.83 | 191 |
| 377 | 2:04:47 | Alyson Ashe | | F | | 52.73 | 448 |
| 378 | 2:04:47 | Leigh Candler | | MV40 | 46 | 49.02 | 59 |
| 379 | 2:04:48 | Ben Clarke | | MV45 | 42 | 52.40 | 432 |

| Place | Time | Name | Club | Category | Ctg Rank | Age Grading % | Race No |
|-------|---------|----------------------|-------------------------|----------|----------|---------------|---------|
| 380 | 2:05:06 | Alexsandra Jamieson | | FV35 | 16 | 54.03 | 299 |
| 381 | 2:05:15 | Emma Braybrooke | | F | | 52.54 | 183 |
| 382 | 2:05:16 | Charlotte Knights | | F | | 52.53 | 181 |
| 383 | 2:05:28 | Mandy Cook | Bushfield Joggers | FV40 | 23 | 55.21 | 223 |
| 384 | 2:05:40 | Anne Gauld-clark | Bishop's Stortford RC | FV60 | 2 | 66.01 | 284 |
| 385 | 2:05:53 | Maureen Wakeling | Bishop's Stortford RC | FV45 | 15 | 56.43 | 319 |
| 386 | 2:05:57 | Mark Ratcliff | | MV45 | 43 | 51.13 | 533 |
| 387 | 2:06:01 | John Curran | | MV45 | 44 | 51.90 | 361 |
| 388 | 2:06:07 | Fionnuala Donovan | | F | | 52.51 | 269 |
| 389 | 2:06:11 | Gillian Paremain | Thetford AC | FV55 | 3 | 63.64 | 491 |
| 390 | 2:06:11 | Jacqui Smith | | F | | 52.29 | 507 |
| 391 | 2:06:25 | Claire Van leersum | | FV45 | 16 | 57.69 | 20 |
| 392 | 2:06:40 | George Dawson | Bushfield Joggers | MV70+ | 1 | 68.28 | 224 |
| 393 | 2:06:49 | Suzanne Curran | | FV45 | 17 | 57.00 | 362 |
| 394 | 2:06:57 | Luke Emson | | M | | 47.79 | 387 |
| 395 | 2:06:59 | Harold Toze | Bishop's Stortford RC | MV60 | 11 | 57.69 | 313 |
| 396 | 2:07:13 | David Taylor | | MV40 | 47 | 48.43 | 121 |
| 397 | 2:07:13 | Karen Vernon | | FV45 | 18 | 56.33 | 120 |
| 398 | 2:07:14 | Robert Bishop | | M | | 47.19 | 105 |
| 399 | 2:07:34 | Matthew Webb | Bushfield Joggers | M | | 46.96 | 337 |
| 400 | 2:07:55 | David King | | M | | 47.49 | 317 |
| 401 | 2:08:11 | Natalie Chernucha | | F | | 51.52 | 198 |
| 402 | 2:09:00 | Adam Hold | Bishops Of Ely | M | | 46.24 | 187 |
| 403 | 2:09:52 | Joe Robbins | | M | | 45.93 | 552 |
| 404 | 2:09:57 | Mandy Marsh | | FV40 | 24 | 53.30 | 376 |
| 405 | 2:10:02 | Michelle Chamberlain | | FV35 | 17 | 51.16 | 104 |
| 406 | 2:10:02 | Pauline Freeman | | FV40 | 25 | 53.27 | 103 |
| 407 | 2:10:15 | Louise Platt | Werrington Joggers | F | | C 50.52 | 295 |
| 408 | 2:10:16 | Neil Bailey | St Radegund RDC | MV40 | 48 | 47.64 | 128 |
| 409 | 2:11:01 | Mary-clare Smiley | | FV50 | 8 | 58.86 | 268 |
| 410 | 2:11:01 | Theresa Quarmby | | F | | 50.36 | 263 |
| 411 | 2:11:16 | Jo-anne Ozmen | | FV40 | 26 | 52.77 | 461 |
| 412 | 2:11:35 | Robert Johnston | | M | | 45.33 | 182 |
| 413 | 2:11:35 | Andrew Mckay | | M | | 45.33 | 8 |
| 414 | 2:11:40 | James Nicholls | | M | | 45.68 | 452 |
| 415 | 2:12:33 | Andrew Eastment | | M | | 45.21 | 397 |
| 416 | 2:13:01 | Gretchen Carroll | | F | | 49.51 | 435 |
| 417 | 2:13:11 | Sandra Butler | Ramsey Road Runners | FV60 | 3 | C 64.48 | 341 |
| 418 | 2:14:19 | George Jellicoe | St Radegund RDC | MV60 | 12 | 54.54 | 24 |
| 419 | 2:14:29 | John Ettling | St Radegund RDC | MV55 | 19 | C 52.93 | 13 |
| 420 | 2:14:55 | Susan Miller | | FV55 | 4 | 59.52 | 143 |
| 421 | 2:15:00 | Chloe Tyler | Oxford University Press | F | | C 48.92 | 430 |
| 422 | 2:15:47 | Tracy Veenendaal | Fenland RC | FV40 | 27 | C 51.01 | 171 |
| 423 | 2:16:34 | Sarah-jane Hodson | Clowne Road Runners | F | | 48.18 | 323 |
| 424 | 2:19:08 | Danny Huddleston | Bushfield Joggers | MV50 | 31 | C 48.15 | 292 |
| 425 | 2:19:33 | Norman Niblock | | MV70+ | 2 | 57.23 | 206 |
| 426 | 2:19:36 | Rebecca Prior | | F | | 47.57 | 398 |
| 427 | 2:19:45 | Neil Philips | | MV40 | 49 | 44.09 | 293 |
| 428 | 2:19:48 | Linus Marray-woods | | MV40 | 50 | 43.76 | 441 |
| 429 | 2:19:52 | Danny Watkins | | M | | 42.65 | 231 |
| 430 | 2:20:43 | Nicola Chillery-kay | | FV45 | 19 | 50.48 | 75 |
| 431 | 2:20:43 | Roger Widdowson | | MV50 | 32 | 48.00 | 76 |
| 432 | 2:21:30 | Bill Mcdonald | | MV45 | 45 | 44.83 | 485 |
| 433 | 2:22:23 | Alison Durrant | Hunts AC | FV50 | 9 | 53.64 | 222 |
| 434 | 2:22:24 | Michelle Newton | Hunts AC | FV45 | 20 | 49.88 | 238 |

| Place | Time | Name | Club | Category | Ctg Rank | Age Grading % | Race No |
|-------|---------|---------------------|---------------------|----------|----------|---------------|---------|
| 435 | 2:22:56 | Karen Gladman | | FV40 | 28 | 48.46 | 164 |
| 436 | 2:23:56 | Iliia Rushkin | C&C AC | M | | 41.52 | 482 |
| 437 | 2:24:07 | Nataliya Yufa | C&C AC | F | | 45.66 | 481 |
| 438 | 2:24:50 | Amanda Weaver | | FV35 | 18 | 45.57 | 230 |
| 439 | 2:26:05 | Amanda Kisbee | Werrington Joggers | FV35 | 19 | 46.27 | 423 |
| 440 | 2:26:05 | Carol Cook | Werrington Joggers | FV45 | 21 | C 49.05 | 255 |
| 441 | 2:26:09 | Colin Younge | | M | | 41.12 | 93 |
| 442 | 2:28:57 | Gayathri Ananadappa | | F | | 44.18 | 354 |
| 443 | 2:31:52 | Kena Makaya | | F | | C 43.41 | 78 |
| 444 | 2:39:23 | Sara Furness | St Radegund RDC | F | | 41.28 | 51 |
| 445 | 2:39:25 | Hannah Guffey | St Radegund RDC | F | | 41.28 | 515 |
| 446 | 2:39:27 | Nindy Dhaliwal | | FV35 | 20 | 42.05 | 556 |
| 447 | 2:47:20 | Rachel Blue | | FV35 | 21 | 40.07 | 144 |
| 448 | 2:47:23 | Harrison Sherwood | Bemidji Lumberjacks | MV70+ | 3 | 51.67 | 240 |
| 449 | 2:48:22 | Emma Furness | | FV35 | 22 | 39.20 | 50 |
| 450 | 2:48:23 | William Neville | | M | | 35.43 | 82 |
| 451 | 2:52:57 | Alan Bocock | | MV70+ | 4 | 46.18 | 327 |
| 452 | 2:53:29 | Luci Maltby | St Radegund RDC | F | | 38.14 | 35 |
| 453 | 2:57:48 | Anna Zeffertt | St Radegund RDC | FV45 | 22 | C 41.39 | 107 |
| 454 | 2:57:48 | Annie Doney | St Radegund RDC | FV35 | 23 | 37.01 | 528 |
| 455 | 2:57:49 | Alex Zeffertt | St Radegund RDC | M | | C 33.55 | 99 |
| 456 | 3:02:25 | Keith Mitchell | Ely Runners | MV50 | 33 | C 37.03 | 124 |
| 457 | 3:02:33 | Stuart Mitchell | Ely Runners | M | | 33.51 | 123 |

"W" adjacent to the category rank column denotes a Wheelchair Competitor

"C" denotes a CAA_Champs Competitor

Results produced by Ely Runners and printed on 13 September 2009 at 5:57 pm

Ely Runners also organise the New Year's Eve 10K. See www.newyearseve10k.co.uk