

	Stage	Lessinham to				10.52	Miles		Time Sort			
	8	Winterton On Sea				Road		2005			Min age	17
		Introduced 2002										
							Age grade	PACE		Tm		Cat
Pos	Club	Name	Age	Cat	Time	Team Time	perform %	(min/mile)	Notes	No.	Record	Pos
1	NGZ(A)	Nigel Arnold	47	MM	1:00:51	9:15:17	83.92	05:47.1		19		1
2	CON(A)	Neil Davison	36	MS	1:01:43	8:33:05	76.46	05:52.0		32		1
3	NOR(A)	Wayne Utting	28	MS	1:03:02	9:04:27	74.97	05:59.5		14		2
4	MAN	Dougie Ross	42	MM	1:03:19	8:58:34	77.71	06:01.1		38		2
5	RIV(O)	Richard Taylor	38	MS	1:05:24	9:21:36	73.13	06:13.0		23		3
6	HED(A)	John Griffiths	47	MM	1:07:13	9:02:33	75.97	06:23.4		12		3
7	NNB	Chris Merrylees	27	MS	1:07:38	10:11:30	69.93	06:25.7		9		4
8	NOR(B)	Kieron Haines	50	MM	1:11:29	10:45:39	73.11	06:47.7		15		4
9	HED(B)	Ian Smith	43	MM	1:11:42	10:07:26	69.12	06:48.9		27		5
10	MAR	Sue Irving	44	LM	1:12:13	10:09:50	77.45	06:51.9		21		1
11	PAD	Des White	51	MM	1:12:22	9:37:32	72.81	06:52.7		22		6
12	MKN	Chris Mahon	40	MM	1:12:37	11:03:14	66.79	06:54.2		4		7
13	STR	Phil Davies	48	MM	1:12:52	10:15:20	70.62	06:55.6		17		8
14	YAR	Jeff Helmore	45	MM	1:13:23	10:11:29	68.53	06:58.5		35		9
15	RYS	Dave Neale	49	MM	1:14:31	10:02:11	69.59	07:05.0		11		10
16	WYM	Alan Holland	58	MM	1:15:12	10:17:18	74.40	07:08.9		18		11
17	CON(B)	John Hardy	48	MM	1:15:21	9:57:16	68.29	07:09.8		33		12
18	LIN	Craig Brewer	36	MS	1:15:24	11:21:37	62.58	07:10.0		36		5
19	FEN	Andre Pittick	37	MS	1:15:47	10:30:40	62.67	07:12.2		5		6
20	NGZ(B)	Steve Matthews	46	MM	1:16:17	11:21:23	66.43	07:15.1		20		13
21	ELY	Luke Minall	39	MS	1:17:00	9:50:00	62.54	07:19.2		7		7
22	RAM	Stephen Ashurst	42	MM	1:17:25	10:25:48	63.55	07:21.5		37		14
23	HAR	Jonathan Burls	46	MM	1:17:36	10:34:02	65.30	07:22.6		29		15
24	BIG	Martin Turpin	31	MS	1:17:40	10:31:18	60.74	07:23.0		30		8
25	CON (C)	Steve Askham	52	MM	1:17:56	11:20:54	68.17	07:24.5		34		16
26	NOR(W)	Michelle Bull	35	LM	1:21:03	11:07:45	64.32	07:42.3		16		2
27	GCR	John R Davis	40	MM	1:21:15	11:31:55	59.69	07:43.4		10		17
28	STO	Fiona McGloin	42	LM	1:22:05	10:42:09	67.01	07:48.2		13		3
29	SAM	Gordon Orr	51	MM	1:23:13	10:39:48	63.32	07:54.6		40		18
30	SER(A)	Jean Luc Hoez	47	MM	1:23:13	11:22:19	61.36	07:54.6		1		19
31	MET	Peter Reynolds	48	MM	1:25:26	11:16:40	60.23	08:07.3		25		20
32	STM	Sue Garrod	40	LM	1:25:41	11:42:57	63.15	08:08.7		31		4
33	HAC	Pauline Green	40	LM	1:26:41	10:50:07	62.42	08:14.4		8		5
34	RIV(W)	Jane Watts	38	LM	1:27:17	11:12:34	61.00	08:17.8		24		6
35	REP	Debbie Brooks	43	LM	1:28:30	13:00:43	62.67	08:24.8		3		7
36	GRE	Emma Dale	39	LM	1:33:00	12:15:40	57.71	08:50.4		26		8
37	YAD	Adele Postle	40	LM	1:34:08	11:57:00	57.48	08:56.9		39		9