	Stage	Mundesley to				9.95	Miles		Time Sort			
	7	Lessingham				Road		2005			Min age	17
		Introduced 1987										
							Age grade	PACE		Tm		Cat
Pos	Club	Name	Age	Cat	Time	Team Time	perform %	(min/mile)	Notes	No.	Record	Pos
1	NGZ(A)	Darren Fowlie	31	MS	0:53:10	8:14:26	83.58	05:20.6		19		1
2	CON(A)	James O'Neill	26	MS	0:54:27	7:31:22	81.89	05:28.3		32		2
3	YAR	Ian Liffen	41	MM	1:00:04	8:58:06	76.65	06:02.2		35		1
4	MAN	Derry Suter	38	MS	1:00:07	7:55:15	74.98	06:02.5		38		3
5	HED(A)	Laurie Hurman	51	MM	1:00:40	7:55:20	81.87	06:05.8		12		2
6	NOR(A)	Simon Millett	18	MJ	1:01:26	8:01:25	73.50	06:10.5		14		1
7	CON(B)	Dave Pring	48	MM	1:05:11	8:41:55	74.41	06:33.1		33		3
8	SER(A)	Louisa Ruderman	26	LS	1:08:10	9:59:06	72.31	06:51.1		1		1
9	ELY	Rod Baron	49	MM	1:09:00	8:33:00	70.84	06:56.1		7		4
10	NNB	Terry Quigley	58	MM	1:09:32	9:03:52	75.84	06:59.3		9		5
11	RIV(O)	Peter Bissell	42	MM	1:09:32	8:16:12	66.69	06:59.3		23		6
12	CON (C}	Mark Schormann	35	MS	1:09:41	10:02:58	63.77	07:00.2		34		4
13	WYM	Terry Brannan	61	MM	1:10:19	9:02:06	77.13	07:04.0		18		7
14	RYS	Barry Bye	57	MM	1:12:15	8:47:40	72.33	07:15.7		11		8
15	HED(B)	Jo Choulerton	34	LS	1:12:32	8:55:44	67.74	07:17.4		27		2
16	MAR	Fred Amps	62	MM	1:13:45	8:57:37	74.27	07:24.7		21		9
17	PAD	John Brooker	43	MM	1:14:19	8:25:10	62.85	07:28.1		22		10
18	NOR(B)	James Mcsweeney	30	MS	1:15:15	9:34:10	59.05	07:33.8		15		5
19	HAC	Peter German	54	MM	1:16:29	9:23:26	66.57	07:41.2		8		11
20	BIG	Debbie Bryant	36	LM	1:16:48	9:13:38	64.36	07:43.1		30		1
21	STO	Marie Hockley	42	LM	1:17:17	9:20:04	67.12	07:46.0		13		2
22	HAR	Colin Matthews	39	MS	1:17:24	9:16:26	58.64	07:46.7		29		6
23	SAM	Alison Marvel	42	LM	1:18:27	9:16:35	66.12	07:53.1		40		3
24	FEN	Sarah Gauvin	34	LS	1:19:10	9:14:53	62.06	07:57.4		5		3
25	STR	Lynda Howe	47	LM	1:19:12	9:02:28	68.35	07:57.6		17		4
26	MKN	Carl Baldwin	51	MM	1:19:21	9:50:37	62.59	07:58.5		4		12
27	GRE	Sue Crane	39	LM	1:19:35	10:42:40	63.60	07:59.9		26		5
28	RAM	Steve Lawson	40	MM	1:20:27	9:08:23	56.82	08:05.1		37		13
29	RIV(W)	Norma Leckie	54	LM	1:22:23	9:45:17	70.10	08:16.8		24		6
30	NOR(W)	Marion Arnold	48	LM	1:23:32	9:46:42	65.38	08:23.7		16		7
31	GCR	Tina Jones	58	LM	1:24:01	10:10:40	71.59	08:26.6		10		8
32	NGZ(B)	Chris Baldwin	27	MS	1:26:39	10:05:06	51.42	08:42.5		20		7
33	YAD	Susan Fraser	46	LM	1:27:46	10:22:52	61.14	08:49.2		39		9
34	STM	Tracy Lee	35	LM	1:29:32	10:17:16	54.88	08:59.9		31		10
35	MET	Jane Underwood	50	LM	1:30:07	9:51:14	61.70	09:03.4		25		11
36	REP	Jenni Egmore	38	LM	1:30:59	11:32:13	55.19	09:08.6		3		12
37	LIN	Pat Kimpton	45	LM	1:32:06	10:06:13	57.76	09:15.4		36		13
		Means for Stage =	**43**		**1:14:53**		**67.43**	**07:31.6**				
ct t	Time sort			MS	0:51:37							
ct n	Tm No sort			MM	0:56:53							
ct p	Tm Positn			MJ	0:52:14							
ct w	Ladies sort			LS	1:02:44							
				LM	1:08:24							
				LJ	1:03:37							