	Stage	Cromer to				5.89	Miles		Time Sort			
	6	Mundesley				Road		2005			Min age	15
		Introduced 1987										
							Age grade	PACE		Tm		Cat
Pos	Club	Name	Age	Cat	Time	Team Time	perform %	(min/mile)	Notes	No.	Record	Pos
1	NGZ(A)	Phil Cooper	41	MM	0:36:38	7:21:16	72.47	06:13.2		19		1
2	MAN	Paul Fox	41	MM	0:36:58	6:55:08	71.82	06:16.6		38		2
3	PAD	James Ridger	26	MS	0:37:02	7:10:51	69.05	06:17.2		22		1
4	STO	Dave Carr	50	MM	0:37:32	8:02:47	75.69	06:22.3		13		3
5	RIV(O)	Kevin Sadler	41	MM	0:37:34	7:06:40	70.67	06:22.7		23		4
6	BIG	Alex Bellow	15	MJ	0:37:56	7:56:50	70.24	06:26.4		30		1
7	CON(A)	Jo Gapp	24	LS	0:38:12	6:36:55	74.30	06:29.1		32		1
8	NOR(A)	Martin Yeomans	54	MM	0:38:36	6:59:59	76.06	06:33.2		14		5
9	HED(A)	Diane Moore	30	LS	0:39:15	6:54:40	72.06	06:39.8		12		2
10	HAR	Chris Matthews	19	MJ	0:39:33	7:59:02	64.97	06:42.9		29		2
11	ELY	Charlie Barker	54	MM	0:40:00	7:24:00	73.40	06:47.5		7		6
12	NOR(W)	Clare Becker	28	LS	0:41:12	8:23:10	68.73	06:59.7		16		3
13	LIN	Sarah Kimpton	17	LJ	0:41:58	8:34:07	68.71	07:07.5		36		1
14	HED(B)	Graham Chapman	50	MM	0:42:33	7:43:12	66.77	07:13.4		27		7
15	WYM	Ron Marsh	61	MM	0:43:44	7:51:47	71.52	07:25.5		18		8
16	CON(B)	Ellie Matthews	21	LS	0:44:05	7:36:44	64.49	07:29.1		33		4
17	NNB	Sally Middleton	34	LS	0:44:08	7:54:20	64.09	07:29.6		9		5
18	FEN	Phil England	47	MM	0:45:19	7:55:43	61.25	07:41.6		5		9
19	RAM	Emma Hostler	23	LS	0:45:53	7:47:56	61.89	07:47.4		37		6
20	SER(A)	Lisa Pettit	37	LM	0:47:12	8:50:56	61.07	08:00.8		1		1
21	YAR	Andrew Manning	39	MS	0:47:41	7:58:02	54.89	08:05.7		35		2
22	SAM	Sandra Ford	38	LM	0:47:45	7:58:08	60.84	08:06.4		40		2
23	MAR	Pat Brown	67	MM	0:48:06	7:43:52	69.22	08:10.0		21		10
24	NGZ(B)	Jackie May	52	LM	0:48:45	8:38:27	67.29	08:16.6		20		3
25	RIV(W)	Ann Storey	59	LM	0:48:55	8:22:54	71.97	08:18.3		24		4
26	MET	Gill Young	45	LM	0:49:09	8:21:07	62.64	08:20.7		25		5
27	MKN	Milford Callow	70	MM	0:49:25	8:31:16	69.73	08:23.4		4		11
28	CON (C}	Sally Withey	36	LM	0:50:15	8:53:17	56.91	08:31.9		34		6
29	HAC	Hilary Mcconville	52	LM	0:50:31	8:06:57	64.94	08:34.6		8		7
30	GCR	Clare Bishop	30	LS	0:50:41	8:46:39	55.81	08:36.3		10		7
31	RYS	Jo Isbill	40	LM	0:51:38	7:35:25	57.18	08:46.0		11		8
32	GRE	Roger Crane	39	MS	0:52:20	9:23:05	50.01	08:53.1		26		3
33	NOR(B)	Sarah Baker	34	LS	0:54:51	8:18:55	51.57	09:18.7		15		8
34	STM	Jan Starmer	44	LM	0:54:54	8:47:44	55.60	09:19.3		31		9
35	STR	Alan Short	65	MM	0:57:28	7:43:16	56.67	09:45.4		17		12
36	YAD	Diane Clarke	46	LM	1:02:01	8:55:06	50.08	10:31.7		39		10
37	REP	Sarah Kelly	53	LM	1:05:19	10:01:14	50.71	11:05.4		3		11
		Means for Stage =	**41**		**0:46:05**		**64.47**	**07:49.4**				
ct t	Time sort			MS	0:30:53							
ct n	Tm No sort			MM	0:31:42							
ct p	Tm Positn			MJ	0:31:30							
ct w	Ladies sort			LS	0:37:39							
				LM	0:35:32							
				LJ	0:37:46							