	Stage	Southery to				6.76	Miles		Time Sort			
	15	Downham Market				Road		2005			Min age	17
		Introduced 1997										
							Age grade	PACE		Tm		Cat
Pos	Club	Name	Age	Cat	Time	Team Time	perform %	(min/mile)	Notes	No.	Record	Pos
1	CON(A)	Ruth Proctor	21	LS	0:40:46	17:54:57	80.71	06:01.8		32		1
2	NOR(A)	Paul Freeman	30	MS	0:42:04	18:45:18	70.10	06:13.4		14		1
3	HED(A)	Lucy Burton	28	LS	0:43:04	18:19:36	76.03	06:22.2		12		2
4	CON(B)	Esther Hope	26	LS	0:44:11	20:04:14	74.22	06:32.2		33		3
5	MAN	Phil Dabel	34	MS	0:44:23	19:13:03	66.45	06:33.9		38		2
6	RIV(O)	Jerry Bryan	45	MM	0:44:24	19:36:29	71.11	06:34.1		23		1
7	MAR	Mark Payne	36	MS	0:44:35	21:30:35	66.41	06:35.7		21		3
8	ELY	Graham Chapman	49	MM	0:46:12	20:02:10	70.47	06:50.1		7		2
9	SAM	Adam Morton	29	MS	0:46:44	22:04:27	63.15	06:54.8		40		4
10	PAD	Sue James	54	LM	0:47:40	19:18:00	80.99	07:03.1		22		1
11	HED(B)	Ged Taylor	54	MM	0:47:42	21:32:33	71.09	07:03.4		27		3
12	RYS	Martin Simmonds	64	MM	0:47:50	21:38:10	77.83	07:04.6		11		4
13	YAR	Terry Harris	41	MM	0:47:53	20:20:19	64.04	07:05.0		35		5
14	NGZ(A)	Ali Crane	36	LM	0:48:12	19:17:44	68.51	07:07.8		19		2
15	NOR(W)	Elies Mann	32	LS	0:48:58	22:47:20	66.78	07:14.6		16		4
16	CON (C}	Les Bowgen	54	MM	0:49:23	22:35:06	68.67	07:18.3		34		6
17	SER(A)	David Simpson	44	MM	0:49:58	23:22:45	62.72	07:23.5		1		7
18	HAC	Jo Morgan	31	LS	0:50:49	22:41:31	64.35	07:31.0		8		5
19	NNB	Alec Fraser	64	MM	0:50:54	21:57:00	73.14	07:31.8		9		8
20	GRE	Bill Knights	38	MS	0:51:00	25:36:00	58.86	07:32.7		26		5
21	BIG	Aileen Russell	17	LJ	0:52:13	21:46:01	63.98	07:43.5		30		1
22	STR	Ramona Thevenet-Smith	45	LM	0:52:31	21:57:29	67.69	07:46.1		17		3
23	STM	Rachael Toogood	35	LM	0:52:48	22:34:16	62.05	07:48.6		31		4
24	RAM	Alan Howie	42	MM	0:53:39	22:32:49	57.57	07:56.2		37		9
25	RIV(W)	Helen Liddle	40	LM	0:54:38	22:52:54	62.40	08:04.9		24		5
26	GCR	Shirley Thorpe	36	LM	0:55:02	23:38:54	60.00	08:08.5		10		6
27	MET	Dave Brown	57	MM	0:55:12	22:14:33	63.06	08:09.9		25		10
28	NGZ(B)	Hazel Laddiman	48	LM	0:55:15	23:41:48	66.06	08:10.4		20		7
29	MKN	Julie McPheat	43	LM	0:55:45	22:14:09	62.69	08:14.8		4		8
30	FEN	Rebecca Cousins	17	LJ	0:56:14	21:49:06	59.41	08:19.1		5		2
31	WYM	Robert Scarfe	52	MM	0:56:22	21:13:10	59.17	08:20.3		18		11
32	REP	Richard Cadman	45	MM	0:57:23	24:41:49	55.02	08:29.3		3		12
33	NOR(B)	David Marks	38	MS	0:57:32	22:04:16	52.18	08:30.7		15		6
34	STO	Viv Law	41	LM	0:59:27	22:04:55	57.82	08:47.7		13		9
35	HAR	Dawn Miller	32	LS	1:02:23	21:32:11	52.42	09:13.7		29		6
36	LIN	Sylvia Strangeway	22	LS	1:05:47	22:49:43	49.98	09:43.9		36		7
37	YAD	Karly Clegg	24	LS	1:11:39	24:05:07	45.83	10:35.9		39		8
		Means for Stage =	**39**		**0:51:38**		**64.67**	**07:38.3**				
ct t	Time sort			MS	0:41:20							
ct n	Tm No sort			MM	0:40:07							
ct p	Tm Positn			MJ	0:38:29							
ct w	Ladies sort			LS	0:39:58							
				LM	0:42:23							
				LJ	0:40:15							