

71	71					STAGE 4		Average= 07:47.6	Miles= 6.0		
Team	hmms	Dup	>	Team Time	Stage Time	Runner's Name	Team Name	Tm Pos	Stg Pos	Tm +/- Pos	min/mile
48	22341	OK		2:23:41	0:33:26	Pietro Liguori	Cambridge Flyers	1	1	1	05:34.3
37	22456	OK	OK	2:24:56	0:36:09	Maurizio Molina	Cambridge Triathlon 2	2	6	-1	06:01.5
73	22634	OK	OK	2:26:34	0:35:32	Mark Betts	Norwich Rr Happy Chappies	3	3	0	05:55.3
76	22720	OK	OK	2:27:20	0:33:28	Tom Bracegirdle	Muddy Mucky Munkeys	4	2	0	05:34.7
65	22942	OK	OK	2:29:42	0:35:32	Andrew Simmonds	Ryston Runners A	5	4	0	05:55.3
61	23524	OK	OK	2:35:24	0:40:25	Andre Pittock	Fenland 1	6	12	0	06:44.2
38	23646	OK	OK	2:36:46	0:40:42	Paul Burgess	Saffron Striders 1	7	15	0	06:47.0
13	23930	OK	OK	2:39:30	0:40:31	Sam Smith	Stamford Striders Mens Team 1	8	13	1	06:45.2
71	24506	OK	OK	2:45:06	0:38:41	Damien Pitts	Biggleswade Panthers	9	7	3	06:26.8
49	24619	OK	OK	2:46:19	0:39:27	Alex Downie	Coleridge Flagers	10	9	3	06:34.5
20	24635	OK	OK	2:46:35	0:49:50	John Mackay	Riverside 'Snakes'	11	46	-3	08:18.3
55	24923	OK	OK	2:49:23	0:43:31	Richard Williams	Hunts Ac 'A' Team	12	24	-2	07:15.2
27	25439	OK	OK	2:54:39	0:43:07	Mark Salmons	March Andys Boys	13	21	2	07:11.2
67	25452	OK	OK	2:54:52	0:41:37	Paul Branch	Yaxley 1	14	18	3	06:56.2
14	25506	OK	OK	2:55:06	0:40:53	Jim Regan	Stamford Striders Mens Team 2	15	16	3	06:48.8
36	25528	OK	OK	2:55:28	0:40:40	Greg Corcoran	Cambridge Triathlon 1	16	14	5	06:46.7
25	25553	OK	OK	2:55:53	0:49:38	Emma Wallis	Riverside "Sloths"	17	44	-6	08:16.3
75	25558	OK	OK	2:55:58	0:39:29	Mick Chamberlain	NRR Yeah But No But Yeah But No !!!	18	10	6	06:34.8
50	25615	OK	OK	2:56:15	0:44:27	Meinou Simmons	C&C Fast Girls	19	28	-3	07:24.5
64	25621	OK	OK	2:56:21	0:39:22	Oliver Wright	Riverside "Lions"	20	8	9	06:33.7
35	25626	OK	OK	2:56:26	0:41:59	Matt Leatham	Team Fetcheveryone.Com A	21	19	-2	06:59.8
21	25654	OK	OK	2:56:54	0:49:02	Mark Runham	Riverside 'Otters'	22	43	-8	08:10.3
74	25656	OK	OK	2:56:56	0:40:10	Elies Mann	Norwich RR Sexy Chicks	23	11	4	06:41.7
43	25826	OK	OK	2:58:26	0:41:30	Sandra Daniels	Bishops Stortford Ladies	24	17	4	06:55.0
60	25843	OK	OK	2:58:43	0:44:01	Robert White	Ramsey Road Runners 3	25	27	-5	07:20.2
45	25956	OK	OK	2:59:56	0:42:53	Lars Hyllested	Bishops Stortford Men	26	20	4	07:08.8
46	30108	OK	OK	3:01:08	0:45:57	Karen Manning	Great Yarmouth Road Runners	27	29	-4	07:39.5
47	30335	OK	OK	3:03:35	0:46:18	Jennifer O'Callaghan	Newmarket Joggers	28	32	4	07:43.0
63	30347	OK	OK	3:03:47	0:46:43	Ben Allanach	Cms^1 Running	29	34	2	07:47.2
66	30451	OK	OK	3:04:51	0:48:07	Jo Isbill	Ryston Runners B	30	40	-4	08:01.2
44	30610	OK	OK	3:06:10	0:46:15	Colin Gauld-Clark	Bishops Stortford Super Vets	31	30	4	07:42.5
8	30648	OK	OK	3:06:48	0:51:53	David Toms	Brandon Fern Hoppers	32	54	-10	08:38.8
41	30653	OK	OK	3:06:53	0:35:38	Luke Skinner	Christ'S Fellows	33	5	16	05:56.3
32	30745	OK	OK	3:07:45	0:47:11	Paul Mayoh	Mucky Duck 6	34	36	2	07:51.8
62	30805	OK	OK	3:08:05	0:43:17	Ian Milburn	Fenland 2	35	23	5	07:12.8
19	30818	OK	OK	3:08:18	0:51:42	Doreen Sanderson	Riverside 'Gazelles'	36	53	-11	08:37.0
23	30849	OK	OK	3:08:49	0:43:58	Derek Hurden	Riverside "Whales"	37	25	4	07:19.7
9	31035	OK	OK	3:10:35	0:53:17	John Talbot	Jeb Engineering Design Ltd	38	62	-5	08:52.8

26	31117	OK	OK	3:11:17	0:43:11	Mike Lawrence	Riverside "Cheetahs"	39	22	6	07:11.8
18	31141	OK	OK	3:11:41	0:53:08	Barbara Reading	Riverside "Cows"	40	60	-6	08:51.3
56	31435	OK	OK	3:14:35	0:51:12	Caroline Poole	Team Fetcheveryone.Com C	41	51	-3	08:32.0
39	31444	OK	OK	3:14:44	0:48:07	Frances Reynolds	Saffron Select	42	40	1	08:01.2
11	31501	OK	OK	3:15:01	0:53:52	Jackie Mckillop	Cambridge University Press	43	64	-6	08:58.7
28	31651	OK	OK	3:16:51	0:50:59	David Lockwood	March Johns Joggers	44	49	-2	08:29.8
57	31656	OK	OK	3:16:56	0:47:57	Pam Missenden	Varieties	45	38	1	07:59.5
5	31822	OK	OK	3:18:22	0:54:18	Michelle Chamberlain	Witchford Wads Wunners	46	65	-7	09:03.0
42	31842	OK	OK	3:18:42	0:47:35	Norman Barras	Amec Totectors	47	37	1	07:55.8
24	31945	OK	OK	3:19:45	0:49:49	Andy Anderson	Riverside "Chimps"	48	45	-1	08:18.2
68	32007	OK	OK	3:20:07	0:46:23	Lenny Peacock	Yaxley 2	49	33	3	07:43.8
58	32009	OK	OK	3:20:09	0:47:06	Michelle Prior	Ramsey Road Runners 1	50	35	1	07:51.0
22	32157	OK	OK	3:21:57	0:48:00	Bob Thomson	Riverside Hounds	51	39	2	08:00.0
10	32205	OK	OK	3:22:05	0:54:30	Paul Meader	Brandon Fern Hoppers Too	52	67	-8	09:05.0
59	32241	OK	OK	3:22:41	0:50:50	Nicholas Rushton	Ramsey Road Runners 2	53	48	-3	08:28.3
30	32258	OK	OK	3:22:58	0:43:59	Owen Mclaughlin	Earith Villagers Association	54	26	4	07:19.8
78	32655	OK	OK	3:26:55	0:46:18	Paul Brooks	Urwfrc	55	31	6	07:43.0
15	32754	OK	OK	3:27:54	0:53:25	Helen Randle	Stamford Striders Ladies Team 1	56	63	-2	08:54.2
7	32832	OK	OK	3:28:32	0:48:48	Jane Manley	Friends United	57	42	2	08:08.0
12	33000	OK	OK	3:30:00	0:53:10	Xiaolin Wu	Solexa Ltd	58	61	-2	08:51.7
3	33030	OK	OK	3:30:30	0:52:59	David Boyd	Deloitte B	59	59	-2	08:49.8
4	33431	OK	OK	3:34:31	0:52:13	Sheena Mckenna	Team Titan	60	57	2	08:42.2
40	33435	OK	OK	3:34:35	0:54:24	Sarah Wheeler	Coton Pre-School	61	66	-1	09:04.0
2	33500	OK	OK	3:35:00	0:58:22	Martin Pearson	Deloitte A	62	70	-7	09:43.7
34	33515	OK	OK	3:35:15	0:51:54	Lisa Alston	Team Fetcheveryone.Com B	63	55	0	08:39.0
6	33746	OK	OK	3:37:46	0:52:51	Beccy Taylor	Waterbeach Winners	64	58	0	08:48.5
53	33938	OK	OK	3:39:38	0:52:08	Stephen Mcmorrow	Marshall Milton Keynes Super Vets	65	56	0	08:41.3
72	33945	OK	OK	3:39:45	0:50:47	Rebecca Tippett	Biggleswade Pumas	66	47	1	08:27.8
31	34612	OK	OK	3:46:12	0:54:55	Sally Chalk	Speaking Up Stumblers	67	68	1	09:09.2
54	34736	OK	OK	3:47:36	0:51:39	Steve Taylor	Parkers Pacers	68	52	2	08:36.5
70	34752	OK	OK	3:47:52	0:51:09	Helen Jukes	Arts On Foot	69	50	2	08:31.5
1	34934	OK	OK	3:49:34	0:55:59	Michelle Newton	Hunts Ac Ladies Plus One	70	69	-1	09:19.8
29	34940	OK	OK	3:49:40	1:01:43	Patrick Brown	March Gena'S Gang	71	71	-5	10:17.2
						#N/A	#N/A	72			
						#N/A	#N/A	73			
						#N/A	#N/A	74			
						#N/A	#N/A	75			
						#N/A	#N/A	76			